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Traders' fight against rates rise wins all-party support

THE campaign launched by retailers in Cowbridge to oppose massive rises in business rates is gathering momentum, and has now attracted all-party suport.

Traffic was stopped last Saturday morning at 8.30am, for a brief protest (***see photo on page 6***) and Sally Stephenson, who runs The Pencil Case in Eastgate – one the businesses that will be hardest hit – said she was delighted with the turnout.

She said: "It was good to see that Alun Cairns, Jane Hutt and Andrew RT Davies were all here.

"Mr Davies has said that he will be raising this issue in The Senedd, as part of the Welsh Government budget debate.

"We have also had an expression of support from Plaid Cymru Leader Leanne Wood."

In the case of The Pencil Case, there is a 'double whammy' effect, because the rateable value revaluation has moved Sally out of a band qualifying for business rate relief.

The result is that her rates are set to rise from just under £1,000 per annum, to £5,000!

She said: "We need to keep the pressure on and get this situation sorted before the rises come into effect in April 2017.

"It can't be a question of perhaps getting a refund in the future. Some of the businesses simply cannot afford such a rise and won't be around should it come through."

(CONTINUED ON PAGE 3)

GHOSTS, SKELETONS AND GHOULS...

Time for the witching hour at Llanblethian!

The scary characters that emerge on Hallowe'en – are not so scary at all in Llanblethian. In fact, they are very nice and friendly – as local photographer, Mike Wilcock, was pleased to confirm! (FOR MORE FUN IMAGES BY MIKE, TURN TO PAGE 4).

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• Letters and e-mails MUST include your FULL address and a contact telephone number.

An email address alone is not sufficient!

We reserve the right to edit all letters. We do NOT accept anonymous mail.

'TIME TO STAND UP FOR THE AIRPORT'

IS it not time for our local representatives to do a great deal more to ensure that Cardiff Airport is given the tools to offer a greater range of destinations to the people of Wales?

Following the years of neglect in private ownership, at last it seems that the airport has started to turn the corner. More people are using the airport, with extra flights being offered.

However, it seems that the UK Government is determined to hold back the expansion of services from Cardiff.

Scotland and Northern Ireland will be able to make their airports more attractive by varying the Airport Passenger Duty. Parliament though has refused to give Wales the same powers.

You would expect that the local MP would be fighting furiously to ensure that Cardiff Airport has the same advantage, but this is far from the case. Alun Cairns MP, Secretary of State for Wales, has actually blocked any change to the system.

He has spoken against and voted against Cardiff being given a chance to develop and attract more custom.

He is hitting local passengers and also business people who wish to use Cardiff, but are put off due to the price and lack of convenient flights.

It seems only Plaid Cymru is backing demands to devolve Airport Passenger Duty to Wales.

Chris Franks,
Dinas Powys
(Plaid Cymru councillor).

• *The GEM asked the Secretary of State for Wales, Alun Cairns MP, to comment.*

He said: *"I have a very positive working relationship with the airport leadership team, who are working hard to improve services and facilities.*

"Passenger numbers rose by 28 per cent last year, which is a testament to their determination to see the airport succeed.

"If APD were devolved, there is no guarantee that the Labour Welsh Government would not increase the tax.

"Labour's record on tax suggests that devolving APD could be a big risk for the airport and for passengers."

'SullyGate scandal'

I AM alarmed that around 20 per cent of a sample of the letters written in support of the proposed development at Sully Sports and Social may be fakes.

The police must be informed and the chair of planning, and secretary of the club, Coun Fred Johnson, should call for an independent inquiry and for the matter to be investigated.

The application for 200 homes at the Sully sports site is due to go before the planning committee on November 3, but must be pulled pending an investigation into this affair.

It could impact on both the planning process and the whole council.

Coun Richard Bertin,
Independent
Vale Council.

Professionals dogged by canine attacks

AFTER hearing about a few professional people who have been bitten by a dog recently, while delivering literature/mail through letterboxes and who needed hospital/medical treatment, I wish to bring this to dog owners' attention because I have seen the damage this can cause when I helped someone who had been bitten.

His fingers were a mess and the darkest bruising and lacerations lasted for weeks, plus he lost fingernails.

As dog owners (I am one, too), we have a responsibility to ensure our dog does not cause a nuisance or injury to other animals or people.

Even the most affectionate dog can be territorial and guard the owner's property. Not all dogs bark when a person approaches a door; some dogs silently sit by the door, giving no indication to someone posting literature that there might be a danger of being bitten, and then they pounce on the hand coming through the letterbox.

If your dog has access to your letterbox there are measures you can take to safeguard people.

For instance, (**1**) a warning notice such as 'Beware of the Dog'; (**2**) a mail guard attached to the inside of the door; (**3**) a letterbox attached to the wall beside your front door.

We are approaching the festive season and there will be an increase in Cubs and Scouts posting letters. Our postmen/women; newspaper delivery people; police; local councillors; canvassers and everyone else who needs to contact us by mail are all affected by this issue.

Even if some of the literature we receive is unsolicited mail, we still have a responsibility to protect other people.

A Flinn, group co-ordinator,
Highlight Park Community Neighbourhood Watch.

Council plans to provide forum for local planning discussion

CHANGES to the proposed Local Development Plan (LDP) for the Vale of Glamorgan have recently been published for consultation by the Vale Council (*www.valeofglamorgan.gov.uk/ldp*).

For Cowbridge, an additional 105 houses are now proposed from the number provided in the original draft LDP (85 at Darren Farm and 20 in Aberthin), giving a total allocation of 645 properties to be built in the Cowbridge area for the period up to 2026.

The town council, as an advisory body and statutory consultee in planning matters, has always supported in principal some development within the town. However, it has long objected to the scale of the proposed development contained in the draft LDP and will continue to do so.

The council is particularly concerned about the inevitable implications on the infrastructure and impact on daily life and operation of the town.

For example, such a scale of new housing will generate at least 750 new resident vehicles travelling in and out of the town and some 1,000 additional pupils for the local schools. The requirement for new car parking will be impossible to provide and the impact on town centre congestion will be a major challenge, with future trading viability adversely affected.

The town council wishes to focus on community involvement and participation to help meet these inevitable challenges.

The council is aiming to promote a visible forum via regular GEM articles, updates on its website (*www.cowbridge-tc.gov.uk*) as well as planning surgeries and meetings to help ensure maximum community awareness and involvement takes place in these challenging times.

David B Morris, Town Clerk
(*on behalf of the Cowbridge with Llanblethian Town Council*).

TRAFFIC BLIGHTS WENVOE

I totally agree with Coun Mahoney's recent comments regarding a traffic crisis in the Vale.

Before planning permission for new houses is given, it should be a requirement that the infrastructure, including roads, is sufficient to accommodate the increase in traffic.

Culverhouse Cross was already congested and it is evident that the ongoing road "improvements" will not cope.

Motorists are trying to avoid the congestion by driving through our village of Wenvoe, causing an increased hazard.

The proliferation of bus and cycle lanes adds to the problem.

It is frustrating being in a non-moving line of traffic, alongside an empty bus lane.

Buses are infrequent and often empty, particularly the much-vaunted Airport bus, the T9 (called the MT9 by locals).

A fleet of minibuses would better serve the Airport and the general public.

If I am waiting at the Wenvoe bus stop to go into Cardiff, the T9, although empty, will not allow me to get on at the designated bus stop – it is not allowed!

So, a 30-minute wait for a 96; discount the X91, as that service has been reduced.

Please, THINK about the outcome before the building of yet more houses is permitted.

Sybil Green,
Wenvoe.

COUNCILLOR 'BARKING UP WRONG TREE'

I REFER to The GEM, October 27 and the nonsense expressed by Coun Adam Riley.

We all pay our taxes and all are perfectly entitled to use parks and open spaces without interference.

As a dog owner, I am always alert to dog mess and clear up. I accept that children's play areas need to be fenced and dogs excluded.

However, I would draw the line at any attempt to exclude my dog from open playing fields paid for from my local taxes.

Might I suggest that dog owners come together, express their views and ensure that this person is never re-elected to the council?

Trevor Honychurch,
Llantwit Major.

An 'ignorant few' sully name of dog owners

I IMAGINE, that like most dog owners in the area, I feel the complaints and discrimination against us are reaching a new high.

If these 'dog haters' have their way, there will soon be nowhere we can walk or exercise our dogs.

Most parks have a cafe and most of the customers who use these cafes are dog walkers. So how long will these cafes be in business if dogs are banned?

In The GEM on October 27, there were two articles regarding dogs.

One from the Police and Fire Service asked dog walkers to be "the eyes, ears and paws of the community"; PAWS on Patrol.

Helping to pinpoint suspicious behaviour regarding fly tipping, fire setting and any other criminal activity they may see when out and about in our parks and fields.

This is hardly viable if dogs are banned from these places!

Also there was an article regarding The Dogs Trust who have taken their manifesto to the Senedd and are hoping to educate people on improving animal welfare, and the importance of responsible animal ownership.

Again, it's not worth the effort if dogs are no longer welcome in our community.

For some, a dog is the only friend they have and walking a dog the only chance they have of meeting like-minded people.

Everyone should pick up after their dogs and keep them under control.

It is the mindless, inconsiderate, ignorant few who fail to do so, who are causing this growing prejudice against dogs and their owners.

(*Name and address supplied*).

HIGH TIDE TIMES

(UNTIL SEPTEMBER 10)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time AM	Ht M	Time PM	Ht M
03 Thur	10.22	10.1	22.48	9.9
04 Fri	11.08	9.5	23.37	9.3
05 Sat	11.57	8.8		
06 Sun	00.29	8.5	12.58	8.2
07 Mon	01.31	8.0	14.19	7.9
08 Tues	03.03	7.9	15.48	8.1
09 Wed	04.27	8.2	16.58	8.4
10 Thur	05.25	8.5	17.49	8.9

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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POPPY APPEAL 'DELIGHTED' WITH THE SUPPORT FROM TRADERS

A display in Free Beauty.

ABOVE: Two of the willing workers who put up the poppies on local lamposts. (Photo by Mike Wilcock).

ABOVE: Some of the Cutting Edge quilts.
BELOW: The display in the Dogs Trust window.

BELOW: A display in Barclays Bank.

THE organisers of Cowbridge's Poppy Appeal have thanked local businesses who have supported them this year.

Despite current business concerns such as a possible rates hike, the shops and businesses along, Westgate, High Street and Eastgate have taken this year's appeal into their hearts.

Over 50 premises are displaying the large felt poppies produced by the Cutting Edge Group and declaring their support for the Poppy Appeal.

Some have responded to the Poppy Appeal request to 'Paint the Town Red' during the Poppy Appeal period and 'gone the whole hog', producing some very impressive window displays.

Cutting Edge is also displaying their evocative WW1 quilts in a number of shops, as they did last year.

A Poppy Appeal spokesman said: "These activities, combined with the large poppies on the Cowbridge lamp posts, are creating a truly wonderful atmosphere and have 'Painted the Town Red'.

"We are very grateful to all the businesses in Cowbridge for their support and find it difficult to find words to express how much we owe to the Cutting Edge Group for their time, hard work and support at a time of the year which is so important to us."

Market Theatre plays have a WW1 theme

THE Cowbridge Amateur Dramatic Society (CADS) will commemorate the anniversary of the Battle of the Somme, and CADS 70th birthday, with a special production of *Echoes of the War*.

The one-act plays are inspired by two tales from the short story collection *Echoes of the War*, written by JM Barrie and first published in 1918. The stories reflect on the effects WWI had on the families at home.

The plays have been co-directed by Peggy Foster and Caron Reidy.

Peggy Foster said: "I am thrilled that we are presenting these plays as part of the CADS 70th anniversary celebrations."

Caron Reidy said: "We are delighted at the dedication and efforts being made, and the cast and crew have all be working very hard."

Echoes of the War will be performed at The Market Theatre in Cowbridge from Wednesday November 9, to Saturday, November 12. Tickets are £7, and are available from WG Davies newsagents or by calling 01446 773167.

Traders' rates protest

CONTINUED FROM PAGE 1

The average rise of rateable values in Cowbridge is likely to be 25 per cent – but in areas such as Eastgate it is closer to 45 per cent.

It does appear that many similar businesses in neighbouring towns in south Wales will not be affected. The rise in rateable values in Cowbridge seems to be much bigger.

The Conservatives have pointed out that in 2017, the threshold for SBRR (small business rate relief) is rising, and the traders are calling for the Welsh government to match this.

In last week's GEM, the Welsh government said it already helped more businesses that the Conservative scheme would – but that is no consolation to the Cowbridge traders.

The Welsh Government also pointed to a £10 million transitional relief scheme.

However, Sally Stephenson said that being offered help over three years before the full rates rise kicked in would not help her business cope with such an excessive rise.

Andrew RT Davies said: "It is clear that the considerable increases in business rates scheduled to come into force in Cowbridge will severely impact on the ability of businesses here to survive and thrive.

"In standing together on a cold Saturday morning, local traders have sent a message to the Welsh Government that enough is enough and that action must be taken."

News from Cowbridge Friendship Club

THERE was a change to the programme for the members of the Cowbridge Friendship Club at their October meeting, but they were not too disappointed when they were told it would be board games again.

Although we have played these several times throughout the year it is still a very popular afternoon.

While some members played several games of triominoes the other members, who were playing rummikub, only managed to play one game. As usual the afternoon went by very quickly.

Members are looking forward to next month when they will be entertained by the Old Spice Barbershop Quartet.

We always have a variety of activities at our meetings so if you are anyone you know would like to join our Friendship Club where transport is provided, call 01656 668446/.

PAT SMITH

Local school's coffee morning for Macmillan

Y BONT Faen Primary School has raised £550 for cancer care during a Macmillan coffee morning in the school hall recently.

Delicious donations of cakes were sold to parents, children and staff. Foundation Phase pupils provided the entertainment with Pie Corbett storytelling performances of The Little Red Hen, The Magic Porridge Pot and Little Charlie. Thank you to everyone who attended and to those who donated cake or their time.

SC/AW

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Youngsters dress up for a very spooky Hallowe'en!

MIKE WILCOCK captured these shady characters out and about in Llanblethian at Hallowe'en.

Senedd springs a surprise for the Cowbridge Beavers!

Andrew RT Davies (standing) with Cowbridge Beavers.

COWBRIDGE Beaver Scouts recently enjoyed an entertaining trip to the Senedd as part of their 'Democracy Challenge Badge'.

The badge is sponsored by the Welsh Assembly and aims to give children an introduction to the democratic process.

Prior to the trip, the Beavers had learnt all about voting and took part in a vote to choose their favourite snack. Everyone took the testing process very seriously, and although we can't mention which snack won, suffice it to say it was sugary and not very healthy! They also took part in mock elections to appoint the hotly-contested 'Ultimate Beaver Leader'.

The trip to the Senedd was then a great way to complete their badge: "We were shown around by our brilliant guide, Gareth, who combined an encyclopaedic knowledge of the Senedd with a very entertaining style that had adults and children equally amused," explained Meg Pearson, Assistant Leader.

To top off the trip, the Beavers had a surprise meeting with Andrew RT Davies AM, who kept Andrew on his toes with a number of questions about the work of AMs and the Assembly.

Later, the Welsh Tory leader presented each Beaver with their Democracy Challenge Badge. He then went on to award three of the Beavers, Tom Pearson, Joe McCartney and Alex Newman with their Chief Scouts Bronze Awards.

The Bronze Award is the highest award a Beaver can receive and requires a Beaver to have taken part in a broad range of activities covering adventure, outdoor and community, as well as having demonstrated a number of life skills and achieved personal challenges set for them.

It was wonderful to have these awards presented by Andrew. These Beavers have worked hard throughout their time in Beavers to achieve this badge and it's lovely that the badges could be awarded in such a special way".

Mr Davies was kind enough to say afterwards that he had enjoyed hosting the Cowbridge Beaver Scouts in the Assembly and presenting them with their Democracy Challenge Badges, adding that he thought it was good to see young people so keen to learn more about the democratic process.

The Cowbridge Beavers would like to thank Andrew RT Davies, Gareth, George and Helen for giving up their time to make this such a memorable trip. Diolch yn Fawr!

ELUNED MORAN,
Beaver Section Leader

Cowbridge U3A beats all in quiz night

COWBRIDGE United Free Church hosted an excellent quiz night recently, in the pleasant surroundings of the refurbished Maendy Hall (available to hire), to raise money for church funds.

Seven teams of six contested the competition, with rounds of questioning on general knowledge, sport and games, food and drink, and, appropriately, 'saints and sinners'.

Joker cards, which doubled the points scored on the selected round, were played with varying levels of success.

There were also question sheets on books and authors, word connections, and composers and their works, as well as a sudoku puzzle, to be answered in the course of the evening. During the interval, the contestants were supplied with plentiful nibbles and soft drinks.

Several teams had brought wine to enhance the social aspect of the event (four bottles were spotted on one team's table – their identity will not be revealed!).

The winners were a sextet from Cowbridge U3A, gaining their victory by just two points in a close contest. The generous first prize was a half case of wine.

Many thanks must go to the event organisers, the quiz master and the scorer for a convivial evening that was enjoyed by all.

SPM

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PRESSING MATTERS

George Holley with his apple juice.

RECENTLY at Cowbridge Farmers' Market, lots of our customers brought along their surplus apples from their own trees to have them pressed into juice.

Thank you to Liz Loch and her team for bringing along the apple press and giving such a fantastic service.

Also thanks to Nick from Vale Cider for sharing his cider making knowledge and enthusiasm.

One of our young customers, George Holley, came along with his mum and dad and thoroughly enjoyed his two litres of juice from their 40 apples.

Thank you to everyone who came to the market. We will be back in Cowbridge on November 5.

MYFANWY EDWARDS

COMMUNITY NEWS

TREOES, LLANGAN & ST MARY HILL

Your local correspondent is Nancy Davidge, "Tynewydd", Llangan. (01656) 860303

St Canna's Church, Llangan

ON Sunday, November 13 at 10.45am, a service of remembrance takes place at St Canna's.

On December 11, the annual non-Eurcharist service of lessons and carols will be held at 11.45am. Everyone will be assured of a warm welcome and mince pies will be served.

On Christmas Day, the Eucharist service will be held at 9.30am. My thanks to Mr Gareth Williams for the information in this report.

Saron Chapel, Treoes

DUE to the restoration work which is due to begin soon at Saron, it was decided to hold the final service of October in the village community hall.

Local resident, Miss Lorraine West, introduced the hymns in the absence of official clergy.

Joan Thomas provided the musical accompaniment.

Beautiful autumn

WHAT a wonderful time of the year, with the leaves of so many rich different hues, from deep orange to pale gold, falling at our feet.

Cowbridge on display

THERE will be an exhibition in Cowbridge library over the next couple of weeks of photographs and documents showing what was going on in the town and surrounding district at the time of the two World Wars.

It comprises some of the material held in the Local History Room, at Old Hall on Wednesday mornings (10am-12pm).

The public is invited to browse and share their memories for the archives.

Contact Betty Alden on 01446 773373; bettyalden1@gmail.com

ALL CHANGE FOR COWBRIDGE U3A

A PARTY of 39 from Cowbridge U3A paid a visit to the Royal Mint at Llantrisant recently, where the first dedicated visitor centre opened in May 2016.

What hadn't been anticipated by the group was the presence of the Treorchy Male Voice Choir performing in the entrance area of the official home of UK coin production, although, to the disappointment of some, Abba's *Money, Money, Money* wasn't in their repertoire!

The Mint is essentially a factory that produces coins, some 90 million per week, not only for the United Kingdom, but for 60 countries throughout the world, from Iceland to New Zealand and Spain to India; the flags of these nations could be seen on the walls in the production area visited during the tour.

The manufacturing operations are non-stop, 24 hours a day, seven days a week; 400 tonnes of blanks are made weekly, to be turned into coins when a die (two metallic pieces that contain an inverse version of the image to be made) simultaneously strikes top and tail of the blank under great pressure.

Quality checks are continually made to ensure that the struck coins do not contain flaws; the dies are replaced every half a million coins to avoid the problem of wear producing sub-standard products.

The sight of coins cascading in a silver stream, from a box lifted by a forklift truck, into one of the 'teller' counting machines was certainly something to remember.

When in full operation, the factory floor is a noisy environment – no wonder the staff wear earplugs!

The group were informed that the 850kg crate of £2 coins, on the other side of the glass in the viewing area, was worth a mere £141,660.

After the factory tour, visitors are able to explore the exhibition area at their own pace. The story of the Royal Mint, from its origins with Alfred the Great in around 880, via the Tower of London workshops and the 1810 Tower Hill factory, to the opening of the Llantrisant premises in 1968, is told here, with appropriate displays of coinage.

Members of the Cowbridge U3A are pictured above, on their recent visit to the Royal Mint.

The twelve-sided, bimetal £1 coin, due to be introduced in March 2017, was on show.

It will be harder to counterfeit, although it will, no doubt, involve major modifications to coin-operated machines.

The Mint is also responsible for the production of military and civil medals, including the gold, silver and bronze ones gained by athletes at the Olympic and Paralympic Games in London 2012.

Despite the rise of the cashless society (credit cards and contactless payments) and the fact that the penny may soon join the halfpenny and the farthing in extinction, the Royal Mint is confident that coins will be with us for many years to come.

Just remember, the coins in your pocket are the culmination of over 1,000 years of history – it almost makes it a shame to spend them! **SPM**

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COWBRIDGE BUSINESS RATES PROTEST

This was the scene in Cowbridge last Saturday at 8.30am as traders temporarily stopped traffic in the town to protest at shock business rate rises that are set to be introduced next April. They were joined by Vale MP Alun Cairns, Vale AM Jane Hutt, and regional AM Andrew RT Davies.

New lease of life for an iconic local landmark

The Mount Rooms are now undergoing renovation work.

by GEM REPORTER

ONE of Barry's landmark buildings – once known as the Mount Sorrel Hotel – is being given a new lease of life as 'The Mount Rooms'.

New owners plan to have renovated guest rooms ready within weeks.

Emma Ballson, a director of new owners The Property Index, explained: "We will be starting with 13 guest rooms which will be open by December 1. In subsequent weeks we have a second and third cluster of rooms available.

"By next April, our aim is to have 44 rooms available."

Emma said the company had done its research and believed it would serve a wide clientele including people taking flights at Cardiff Airport, tourists, business people and short break visitors to Barry and south Wales.

Some of the services at the Mount Rooms, such as the gym, beauty studio and special events, will be provided by companies on a lease basis.

Emma said: "The aim is to have the services available to guests and the public. We've already had people asking when the gym will open."

A restaurant – or cafe – is planned too.

The business community in Barry will welcome the fact that the town will have more hotel space.

At one stage it looked as if houses were going to be built on the site. The UK Holiday Group submitted a plan to demolish the building in favour of housing in 2014 when it decided the Mount Sorrel wasn't a viable business.

Progress is being made on the interior of the building and 13 guest rooms will be ready by December 1.

RAGS RECYCLING REAPS REWARDS AT Y BONT FAEN

Y Bont Faen pupils loading a collection van with goods.

Y BONT FAEN Primary School has raised over £108 for their school fund from the recycling charity, 'Rags to Riches'.

Pupils worked hard to collect more than 270 kg of unwanted clothing, shoes, jewellery, towels and bedding, which was bagged up and collected by the charity.

Y Bont Faen Primary wishes to thank everyone for their support in reaching this fabulous target. The charity's area manager, Richard James, welcomes donations from other schools in the area.

For more information, contact www.rags2riches4schools.co.uk

MUGA plan for Gladstone Gardens

FOLLOWING a public consultation earlier this year, the Vale Council will be carrying out renovation work in Barry's Gladstone Gardens over the coming months.

A spokesman said that the consultation process began back in March, with an online survey.

The survey coincided with 'focus groups' in Golau Caredig sheltered housing and local schools, as well as drop-in sessions for local residents.

As a result, a list of prioritised improvements the public would like to see was drawn up.

"As well as a wish for the play area to be improved, and for the walls and paths to be upgraded, members of the public also wanted to see more flowers and plants to bring some colour to the park," the spokesman said.

Over £400,000 funding has been secured and will be used to undertake improvements, including: an upgrade of the children's play area; installation of a new multi-use games area (MUGA); upgrade of tennis courts, and installation of 'adult outdoor gym equipment'.

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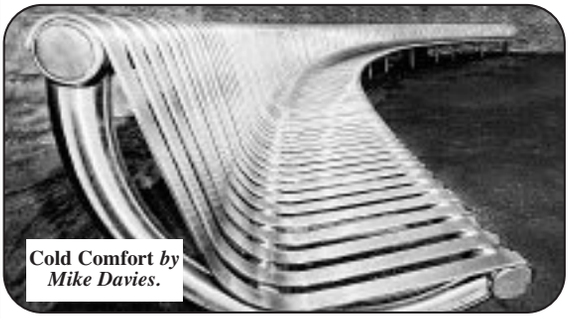
An 'image clinic' for photo club members



Cold Comfort *by Mike Davies.*

THE Vale Photographic Club has seen an interesting and informative month during October: we started the month with an image clinic, where members bought along images for an informal constructive critique from members.

We all learnt a lot; no matter how new you are to photography, you still have a valid view, the oldies find that they learn a lot from the newbies.

This year, it has been great for us to welcome some enthusiastic newcomers, all are welcome.

On October 14, one of our long-standing members, Mike Davies, led a panel for a photographers' question time, answering a whole host of questions from the purely technical about focal lengths, to the more esoteric concerning emotion behind an image. Well done to the panel for a really informative and entertaining evening.

Both the image clinic and question time were so well received that we plan to repeat them – so if you have a burning question, or an image you want advice on, come along!

Two weeks ago, we were visited by Colin Trow Poole, a truly stunning photographer from Worcester.

He talked us through some of his black and white images from multiple genres including some from the dark room, yes some of us do still practice the dark arts! Those attending were inspired to get their cameras out a view the world a little differently.

Last week was our monthly competition, with a set topic of curves, along with an open section. The competition was strong, setting local judge Ed Cloutman the challenge of critiquing and marking images.

Winners of the print section were Mike Davies with 'Cold Comfort' and Mike Baker with 'Entry to Europe'. In the PDI section, winners were Guy Butler Madden with 'Blue Curves' and Nick Craddock with 'London Rain'.

In November, we have two speakers, a critique evening and a competition for a panel of three. If you would like to join us for the evening or the season, the programme is on our website *www.vale-photographic-club.com*

We meet at Ystradowen Village Hall on Friday evening with the programme commencing at 7.30pm.

BRIDGET CRADDOCK

2,000 people attend disused warehouse...

Man dies at Barry rave

by GEM REPORTER

A MAN died at an illegal rave in Barry on Sunday, October 30.

An estimated 2,000 people attended the rave, held in a building off Hayes Road.

The 'rave scene' has had a renaissance in recent years, but is a nightmare for the authorities because word is often spread through social media at the last moment and people's safety can be endangered either by an unsuitable venue or the use of drugs.

Superintendent Martin Jones, said: "South Wales Police were called shortly after midnight on Sunday to reports of an illegal rave taking place at a disused warehouse off Hayes Road involving an estimated 2,000 people.

"Officers attended the location and, in conjunction with partner agencies including the fire and ambulance services, monitored the situation through the night.

"Illegal raves are a problem nationally, and those involved in organising them go to great lengths to prevent the authorities from finding out about them.

"On this occasion, there was no national intelligence that an event was due to take place, and our priority once it was detected was to safeguard those in attendance as well as minimise the disruption to the local community.

"We will now be working with our partner organisations to try and prevent this happening in future.

"We'd like to remind those attending illegal raves that officers do have the powers, under Section 63 of the Criminal Justice and Public Order Act, to close down such events, seize equipment and make arrests."

Police say they are currently investigating the death of a 45-year-old man, who had travelled from England to attend the event. The death is not being treated as suspicious.

Two people were also arrested on Sunday morning on suspicion of drugs offences.

Glamorgan Hunt's in opening meet

The biddability of the hounds knows no bounds!
PHOTOGRAPH by HEATHER MARCH

THE Glamorgan Hunt held its opening meet at Fonmon Castle when about 60 horses and riders, and a large crowd of supporters, gathered for the beginning of the season. Early fog cleared to give a beautiful autumn day.

Wick's art show boosts village hall

ALTHOUGH the Wick group of artists has exhibited a number of times, and in different venues, over the past four years, the exhibition held in Wick Village Hall on Saturday, October 15 was deemed its most successful.

This one-day event was very well supported by both local village people and by visitors from further away.

Almost 100 people came to see the work of the 15 artists, who exhibited over 120 paintings between them. The pictures ranged widely in both subject matter and media and each artist had their own display near their own workstation, allowing visitors to easily discuss a picture with the individual artist while they painted.

A good number of sales were made, pleasingly, as the event aimed to raise funds for Wick Village Hall. Including paying our venue hire, we were able to give over £250 to the village hall committee, raised from a per centage of our sales and the entry fee.

The Vale of Glamorgan Council organises art classes in the hall on Wednesdays (1.30pm-3.30pm) and we also meet each Thursday (2pm-4pm) in this excellent venue, so supporting it was a key interest.

We would like to thank all those who came along to support us. If you want to join us, come along on one of the above days.

LIZ DIMOND

Go to the **The GEM**'s new website for the latest stories and breaking news...
glamorgan-gem.co.uk

Air Ambulance benefits from tractor boys and girls' trip around the Vale

THE Tractor Boys of Aberthin were out in force last weekend – raising money for the Wales Air Ambulance.

This time the convoy made its way around the Vale, passing through Moulton, Llancarfan and St Donat's.

On a pleasant day, a good time was had by all and – to make it special – £1,400 was raised for the charity!

PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.

Pictures can be purchased by contacting:

E-Mail: ffotoimage@tiscali.co.uk
Telephone 07791 228684
www.ffotoimage.co.uk

'STOCKINGS FOR HEROES'

Items collected included 'Moralibo' and nail varnish.

PENARTH Funeral Directors wish to extend a heartfelt thank you to all the people who generously contributed to the Help for Heroes 'Stockings for Heroes' campaign.

As the appointed donation drop-off point in the area, they received over 100 items that were kindly donated by both individuals and local organisations. Special thanks go to the 1148 Penarth Air Cadet Squadron and staff at Penarth Fire Station for their collections, all the businesses in Penarth who displayed the posters, the Glamorgan GEM and Geoff Selby from Bro Radio, who helped promote the appeal.

Joan Paines, owner of Penarth Funeral Directors, has made her own tribute by way of a ery poignant window display honouring the heroes from conflicts past.

Penarth Funeral Directors makes a donation to a different charity each month and has chosen the Royal British Legion as November's recipient.

Ceri-Lou Newman, Penarth Funeral Directors.

VALE AM'S SURGERY

VALE AM Jane Hutt will hold an advice surgery on Friday, November 4 from 4pm – 5pm at Llantwit Major Heritage Centre, Town Hall (CF61 1SD).

No appointment necessary

Penarth councillor: 'Parking penalties discourage visitors'

A SENIOR Penarth councillor has once again hit out at the "vast" number of parking charge notices being handed out by traffic enforcement officers from the Vale Council in Penarth town centre to motorists who inadvertently fail to notice well worn paint markings on the highway.

Coun Anthony Ernest, who has been a town councillor for many years, said that almost every day he sees these notices "plastered" on the windscreens of unsuspecting motorists' vehicles who have not noticed the difference between sections where limited parking hours apply all day, whilst immediately next to these spaces are several spaces where limited parking is not allowed until after midday.

He explained: "The areas particularly affected by these 'cunning' restrictions are outside the Co-op store and the Nationwide Building Society, and day after day motorists are being caught out and being forced to pay often unaffordable fines to the Labour-controlled Vale Council.

"It is frequently visitors to our town, who help keep our independent shops in business in these difficult times of high rents and rates, who are hit with these fines.

"Yet despite my drawing the Vale's attention previously to the anomalies, when they said that over a million pounds had been collected in Penalty Charges in Penarth, they still failed to do anything about changing these unfair restrictions on motorists in the town centre.

"Of course I recognise the need for goods vehicles to have adequate parking to deliver to local shops, but the council could do a much better job in making provision for these giant lorries which take up so much space in a town with no off-street parking capability," the councillor continued.

"If anyone in Penarth agrees with my views, may I invite them to contact me at *AMErnest@gmail.com* so that I can put these views to the 'powers that be'.

Coun Peter King, cabinet member responsible for highways and transportation, said: "Spaces where parking is not allowed until after midday in Penarth town centre are clearly marked as loading bays.

"They are identified by road markings and adjacent signs, which specifically state from 6am to midday Monday to Saturday, they are for goods vehicle loading only.

"It is a motorist's responsibility to ensure they are aware of all roads signs, including those that indicate where they can legitimately park.

"The loading bays in question are essential to ensure local businesses can receive deliveries. This allows them to continue trading, helping attract shoppers to the town centre, including the large number that visit from outside the area.

"Their presence also reduces occasions when heavy goods vehicles obstruct traffic flow. This can cause congestion in the town centre as well as frustration and inconvenience for other road users."

Coun King added: "Parking penalty charge notices are primarily imposed to minimise traffic problems not generate income. The figure brought in from such notices across the Vale in 2015-16 was a fraction of the one quoted and after costs were deducted, the net surplus was little over £17,000.

"This money was used to pay back some of the initial car parking enforcement set-up costs."

Newydd retains gold IiP award

NEWYDD Housing Association has retained the Investors in People (IiP) Gold Award following an assessment by the best-practice, people-management organisation.

Five years ago Newydd, with nearly 100 staff and 3,000 homes, gained the Gold Award for the first time.

Newydd achieved 'key outcomes' from the investigation with 90 per cent of staff saying they feel trusted to make decisions and 90 per cent agreed that Newydd is a 'great place to work with a bright future'.

Paul Devoy, head of IiP, said: "We'd like to congratulate Newydd. IiP accreditation is the sign of a great employer, an outperforming place to work and a clear commitment to success. Newydd should be extremely proud of their achievement."

Paul Roberts, chief executive of Newydd, said: "We are over the moon, retaining this award means a lot to us. We work hard to ensure that our staff enjoy coming to work and get the support to perform to the best of their ability."

A taste of Barry Male Voice Choir on offer!

IT'S back to earth for Barry Male Voice Choir after the recent appearance at the Royal Albert Hall which is firmly etched into the memories of choristers, family and friends.

A never-to-be-forgotten experience!

Volunteer choir tea maker and tenor Steve James remains on cloud nine.

Steve explained: "I'm finding it difficult to return to normal life. The power and passion of the occasion have at times silenced me."

Steve and all the members of the choir look forward to welcoming any men who might be interested in singing to the 'taster evening' upstairs at the West End Social Club, Barry on Monday, November 7 at 7.30pm.

Steve will be there not just for the free pint and the buffet, but to share in an evening of fun, friendship and singing. All welcome!

VALE of GLAMORGAN
BRO MORGANNWG

Are you claiming housing benefits from your local council? If you are, did you know that any change in your circumstances must be reported to the council directly? Simply reporting changes to other organisations where you might claim from is not enough.

Changes in Circumstance that you MUST report to us

Changes in your income, your partner's income, or the income of any other adults in your property

This includes changes to earnings, changes in employer, change of hours, change of tax credits, change in any other benefits, change in pension, change of SMP/SSP/SAP/SPP, changes in student loans/grants, changes in the amount of child care that you pay and any other changes to any other income received.

Changes to your capital

This includes any increase or decrease in the amount of capital that you hold in all bank, building society and Post Office accounts as well as the value of any stocks, shares, ISAs and property. If you open or close any accounts; if the number of stocks/shares that you hold changes and if any property that you hold changes.

Changes in your property details

This means changes to your address, changes to your rent, and changes in the structure of your property e.g. the number of bedrooms.

Changes to your household

This includes telling us about anyone who moves in or moves out of your property, the birth of any resident children, if a child stops being a dependant young person i.e. if you stop getting child benefit for a 16-19 year old.

How to tell us:
Write: Benefits Department, Civic Offices, Holton Road, Barry, CF63 4RU
Email: privatebenefits@valeofglamorgan.gov.uk
Telephone: 01446 709244 – lines are open 08:30 to 17:00 Monday to Thursday 08:30 to 16:30 on Fridays (you may need to follow your call up in writing)
In person: The Benefits counter is open 08:45 to 16:30 Monday to Thursday 08:45 to 16:00 on Fridays.

PLEASE NOTE THAT REPORTING CHANGES TO DWP/HMRC IS NOT ENOUGH, ALL CHANGES MUST ALSO BE REPORTED TO THE VALE OF GLAMORGAN COUNCIL.

You can also contact us on 01446 709244 to arrange a home visit by one of our visiting officers who can take a statement and collect any supporting information. Alternatively, contact us on the same number to arrange a private interview with a member of the assessment team – please note that appointments are limited and are only available on a pre-booked basis.

www.valeofglamorgan.gov.uk

VALE of GLAMORGAN
BRO MORGANNWG

A fyddwch yn hawlio budd-dâl tai oddi wrth eich cyngor lleol? Os felly, a wyddoch ei bod yn rhaid i chi roi gwybod i'r cyngor yn uniongyrchol petai eich amgylchiadau'n newid? Nid yw'n ddigon sôn wrth sefydliadau eraill sy'n rhoi cymorth i chi.

Y Newidiadau Yn Eich Amgylchiadau Y Mae'n RHAID I Chi Eu Datgan

Newid yn eich incwm, incwm eich partner neu incwm oedolion eraill sy'n byw yn eich eiddo

Os yw eich ardlion, eich cyflogwr, eich oriau, eich credydi treth ac unrhyw budd-daliadau eraill, eich pensiwn, eich TÂl Mamolaeth/Salwch/Ffabrwysiadu/Tadolaeth Statudol, eich benthyciad neu grant myfyriwr, eich costau gofal plant neu unrhyw incwm arall y byddwch yn ei gael, wedi newid.

Newid yn eich cyfalaf

Os oes gennych fwy/lai o gyfalaf erbyn hyn mewn cyfrifon banc/cymdeithas adeiladu/swyddfa bost, ac os yw gwerth eich stociau, cyfrannau, cyfrifon cynilo arbed neu eiddo wedi cadi/gostwng; os pilpch wedi cau cyfrif neu agor un newydd, neu os oes gennych fwy/lai o stociau, cyfrannau neu eiddo erbyn hyn.

Newid ym manylion eich eiddo

Os yw eich cyfeiriad, eich rhent neu gyllun eich eiddo (e.e. Nifer yr ystafelloedd gwely yn yr adeiladu) wedi newid.

Newid yn eich teulu

Os oes unrhyw un wedi dod i fyw atoch neu wedi ymadael â'r eiddo; os oes plentyn wedi'i eni sy'n byw yn yr eiddo neu blentyn yr byw gyda chi sy ddylid ei ystyried yn unigolyn ifanc dibynnol erbyn hyn am su fyddwch bellach yn hawlio budd-dâl ar gyfer plentyn rhwng 16 a 19 oed.

Cewch roi gwybod i ni drwy:
Ysgrifennu: Adran Fudd-daliadau, Swyddfeydd Dinesig, Heol Holton, Y Barri, CF63 4RU
E-bost: privatebenefits@valeofglamorgan.gov.uk
Ffonio: 01446 709244 – Bydd y llinellau ar agor rhwng 08:30 a 17:00 yn ystod yr wythnos fyd dilydd lau a rhwng 08:30 a 16:30 ar ddydd Gwener (er y mae'n bosibl y bydd angen ateb llythyr rhaglyd)
Alw heibio: Bydd y cownter budd-daliadau ar agor rhwng 08:45 a 16:30 yn ystod yr wythnos fyd dilydd lau a rhwng 08:45 a 16:00 ar ddydd Gwener

OS NCH HAD YW'N DDIGON BOD GWYBOD I'N ADRAN GWNETH A PHENDERAU NEU GYLLID A THOLLAU ÂI HAMBEFOR'N UNIG, Y MAE'N RHAID I GYNGOR BRO MORGANNWG HEFYD GAEL GWYBOD AM BRIDDIW NEWID YN EICH AMGYLCHIADAU.

Os oes gennych, cewch fonio 01446 709244 a bleidlau i roi eich dangosod ac unrhyw wybodaeth gysylltiedig i un o'n swyddogion yn eich cartref eich hun. Mae'n bosibl bydd dralha cyfweliad preifat ag aelod o'r tim asesu drwy ffonio 01446 709244 (ond rid ann mwdd cynnal llawer o'r cyfweliadau hyn, a bydd angen trefnu ymlaen llaw bob amser.

www.bromorgannwg.gov.uk

'Partnership is the key to taking Wales forward'

AFTER six years of developing and presenting a budget for the Welsh Government as the former Finance Minister for Wales, it was good to be in a supporting role for my successor, cabinet secretary for finance and local government Mark Drakeford, when he published the draft budget for 2017-18 on October 19.

The headline was: 'A 2017-18 draft budget to take Wales Forward – providing stability and ambition in uncertain times.'

It is vital that we get the message out to the people of Wales to explain the Welsh Government spending plans for next year, which will have a direct impact on their lives, as well as their families', our communities and the Welsh economy.

It is termed a 'draft' budget because it has to be approved by the Assembly and it includes:

• Investing an additional £240m in the Welsh NHS to meet ongoing growth in demand and cost of services.

• £111m for apprenticeships and traineeships to start delivering the commitment to create 100,000 all-age apprenticeships.

• A £100m tax cut for small businesses.

• £10m to support pilot childcare projects, as part of the commitment to provide 30 hours of free childcare a week for working parents of three and four-year-olds – the most generous offer to working parents in the UK.

• A £20m boost in raising school standards, as part of our commitment to provide £100m over this Assembly term.

• £16m for a new treatment fund to provide fast access to new and innovative treatments for life-threatening diseases.

• £4.6m towards raising the residential care capital limit of £50,000.

The cabinet secretary reminded us that the draft budget has been developed against a backdrop of uncertain times.

He drew attention to the continued cuts to the Welsh block grant by the UK Government, as a result of its ongoing programme of austerity and the uncertainty following the EU Referendum result, underpinning the need to provide stability for public services and investment to grow jobs and the economy.

Although these budget plans are for one year revenue spending in 2017-18, due to these uncertainties, Mark Drakeford was able to commit to four-year capital plans worth £6.9bn towards our infrastructure commitments including:

• £1.36bn towards the delivery of our commitment for 20,000 affordable homes.

• £369m towards a south Wales Metro and proposals for north Wales.

• £46m for a new Welsh Development Bank to support our business sector.

• Continuing support for city and growth deals across Wales.

• More than £500m in our 21st century school programme.

• £1bn to transform and maintain our NHS estate.

• The development of a new Velindre Cancer Centre, using innovative finance models.

The draft budget included spending commitments agreed with Plaid Cymru – reflecting the compact between the two parties concluded in May – and a number of new, jointly-agreed investments.

This draft budget is now being scrutinised by Assembly Members, with Ministers appearing before committees to clarify points and answer questions before we move to a draft budget debate and a final budget debate in January.

We are mindful of the need to give local government and the NHS as much time as feasibly possible for their budget preparations and decisions before the start of the next financial year in April 2017.

One of the most welcome commitments in the draft budget is the provision of the best local government settlement in years.

Local authorities will also benefit from £60m continued investment in the pioneering Intermediate Care Fund – supporting the integration of health and social care, as well as increasing funding for the pupil deprivation grant.

Mark Drakeford concluded his Statement on October 19 by saying: "This is a budget for ambition, investing in Wales – in vital new infrastructure; in housing; in transport; in jobs and in our future prosperity – a budget which takes Wales forward."

We can only take this forward in partnership with the public, private and third sectors – but most importantly of all – with the people, communities, workforces and businesses in Wales – who know what works for them and know how Government can make the most impact.

ASSEMBLY NOTES

by VALE AM JANE HUTT
(Leader of the House)

Tory leader's questions over draft budget

LEADER of the Welsh Conservatives and South Wales Central AM, Andrew RT Davies, has questioned the Welsh Government's budget announcement, claiming that it will do little to address problems faced by families across the Vale of Glamorgan, or the concerns over flooding.

He said the draft budget, released recently following a deal between Labour and Plaid Cymru, was hailed a success by both parties – despite real terms cash cuts for councils and a 4.8 per cent cut in the environment and rural affairs budget.

"Across the rural Vale, there have been many examples of severe flooding in recent times, including of course Boverton where the issue has been well documented.

"In Barry, too, there are areas that are at risk such as Gibbonsdown, Cadoxton and Palmerston.

"Labour and Plaid representatives may wax lyrical about the budget, but, sadly, I fear it is once again a sign that the Welsh Government have ignored the Vale."

Council 'exit packages' total almost £1.3 million

THE Vale Council's financial statement has revealed that 93 employees received exit packages totalling £1,295,840 in the last financial year.

The figures in the council's Statement of Accounts do not reveal how many years of service the departed staff members had 'clocked up'.

The former employees are included in different bands of earning power. The report reveals that 71 employees earning less than £20,000 received £542,332 – an average of £7,638 each.

A total of 17 employees earning between £20,000 and £40,000 received packages totalling £459,370 – and average of £27,021 each.

In the band earning between £40,000 and £60,000, only four employees left, and their average payout was £48,917.

Finally, in the highest earning band (between £60,000 and £140,000) there was just one departure, and this member of staff was given £98,469.

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Charity urges businesses: 'Don't turn a blind eye to the deaf candidates'

Anne Baker and Sam Lazenbury from the Wales Millennium Centre.

BUSINESSES in Wales should stop discriminating against job candidates who are deaf or hard of hearing, according to the charity Action on Hearing Loss Cymru.

A total of 84,000 working-age people in Wales – enough to fill the Millennium Stadium – are deaf or wear hearing aids.

Research from the charity found that many of those people feel they have to hide their condition when applying for vacancies, because they won't get the same employment opportunities as hearing people.

Action on Hearing Loss Cymru has launched a specialist service to support people who are deaf or have hearing loss to get back into work, the only employment programme of its kind in Wales. The service also offers advice and support to those businesses who want to employ deaf people.

Twenty-three-year-old Sam Lazenbury from Barry has found work through the charity's employment programme.

Sam is deaf, has a learning disability and a stammer.

He said: "Apart from a three-week temporary job I'd been on jobseeker's allowance since finishing college in 2013. I was attending interviews but not getting any work and I was very frustrated. I was referred to Action on Hearing Loss Cymru's employment service by the Job Centre. They supported me to gain work experience and further qualifications to add to my CV.

"They supported me through a number of job applications and interviews and I was so glad to get the letter from Wales Millennium Centre saying I'd been successful in my application to join the catering and hospitality team. I'm grateful to them for giving me a chance. Earning money is great, I've even bought myself a new car!"

Anne Baker from Brynmawr is Sam's line manager at the Wales Millennium Centre.

She said: "When he started with us, we faced a few challenges, such as the noise in the kitchen making it difficult for him to hear instructions; but with a small change to his shift pattern, we were able to find a way of working that suits him, and us."

To find out more visit www.actiononhearinglos s.org.uk/wales.

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PRAISE FOR THE 'INSPIRING' VALE PEOPLE FIRST GROUP

THE Vale People First AGM and conference at the Memorial Hall in Barry on Friday, October 28 was opened by the Vale AM, Jane Hutt, who praised the inspiring self -advocacy organisation for and led by people with a learning disability in the Vale of Glamorgan.

"I have supported their excellent work for many years and was delighted to speak at their AGM," she commented.

'Stay safe on Bonfire Night!' – *fire call*

WITH Bonfire Night taking place this Saturday, residents are being encouraged to "stay safe" by South Wales Fire and Rescue Service, which urged them to attend official public displays "which are a lot safer than private events".

It has also urged those using sparklers to always wear gloves, and not hand them out to children under five.

Those who do hold their own events should only buy fireworks marked BS 7114, and they should always be kept in a closed box.

Public displays are being held in a variety of locations on November 5 across the Vale, including Barry Island Pleasure Park (7.45pm), Welsh St Donats and District Community Hall (6pm) and Aberthin Church Plant (6.30pm). Penarth residents can attend events at Holm House Hotel (8.30pm) and Penarth RFC (6pm).

There are also displays being held this Friday, November 4, at Colwinston Village Hall (6pm) and Cowbridge Rugby Club (6.30pm).

RSPCA Cymru have advised that cats and dogs should be kept indoors when fireworks will likely be set off, and people should consider bringing smaller animals that live outdoors inside, too – but they should do so gradually because a sudden change in temperature can cause them harm.

Barry Comprehensive School
ESTYN Report, September 2016

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TEACHING: STRONG PROGRESS ✓
BEHAVIOUR: STRONG PROGRESS ✓

✓ "In 2016, much improved performance places both Science and Maths in the top 25% of similar schools"
✓ "In 2016, the performance of boys is above the average performance in similar schools and nationally"
✓ "Teachers have suitably high expectations and provide an appropriate level of challenge to pupils of all abilities"
✓ "Pupils behaved well in and around lessons and displayed positive attitudes to their learning"

ESTYN, September 2016

Contact us: 01446 411411 www.barrycomp.com Follow us @barry_comp

Regional AM calls for clarity over the future of Aberthaw

EXIT STRATEGY? Andrew RT Davies AM is pictured at Aberthaw Power Station with Richard Little and Mark Picton.

THE future of Aberthaw Power Station must be made clear, to give workers the certainty they need, according to South Wales Central regional AM, Andrew RT Davies.

The Welsh Conservative Leader visited the plant last week and met station manager Richard Little, and commercial operations manager of RWE nPower Mark Picton.

The station employs 600 people and Mr Davies requested the meeting so that he could raise concerns on behalf of local people.

A European Court of Justice Ruling in September, which was against the UK Government, had cast doubt on the plant's future.

The UK Government claimed the power station was not in breach of the rules, but the court disagreed.

Aberthaw was designed to burn low-volatile coal which comes from opencast mines in Wales.

This coal is harder to burn than coal from elsewhere and the station had been permitted to produce higher emissions of nitrogen oxides than other UK plants.

A company spokesperson told The GEM: "To improve the station's nitrogen oxide (NOx) performance, new boiler technology has recently been fitted to one of its units and this has significantly reduced emissions.

"The station is also committed to modifying the plant to enable it to accept a more diverse range of international coal, which will further reduce emissions – this latest project will enable all of the station's units to reduce NOx emissions by an additional 30 per cent."

Richard Little commented: "We welcome the site visit from Andrew RT Davies; it is helpful for Assembly Members to understand the site and its importance to the UK electricity supply system first hand.

"In anticipation of the European Court of Justice's ruling against the UK Government in September, we have been hard at work with associated plant upgrades.

"The station remains compliant with its environmental operating permit.

"However, there are continuing difficult market conditions for coal generation, and this recent ruling will have a wider cost.

"It is with regret that it will mean our ability to use large amounts of Welsh coal is reduced somewhat earlier than might otherwise have been necessary.

"Despite this, we believe that with plant efficiencies, modifications, and changes to our operating regime, the station can continue to support security of supply into the 2020s."

Hope dawns

THIS strikingly symbolic sunrise image was sent in by GEM reader Wendy Thorn of Barry, who writes:

"With so much doom and gloom in the world, I thought I would share this simple picture and text with other readers in the hope that it will bring a smile to their face, inspire optimism in their hearts and make them proud to be Barry residents.

"How many of us are busily preparing for our day ahead as the sun comes up?

This amazing spectacle is happening daily, right outside our windows but we allow hectic lifestyles to distract us; robbing us of a glimpse of serenity rising slowly over the horizon.

"This week, I took time to visit Jacksons Bay to observe this magnificent display of nature and capture it on camera.

"In this hustle-bustle world of need, poverty, despair and hopelessness, stop and take a few minutes to view the abundance of colours and wealth of beauty in a sunrise that brings with it the hope and optimism of a new day. Don't take for granted the beauty that Barry has to offer.

"This photograph was taken without any lens filters and has not been enhanced by either a Photoshop or Lightroom programme

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Dinner Menu for Christmas Parties
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Roasted Hake with a Beurre Blanc
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Cloudy2Clear Announce Trusted Trader Partnership

Consumer champions Which? have now joined the thousands of customers who recognise that Cloudy2Clear Windows really are a business that you can TRUST. The company which specialises in repairing windows which are steamed up, broken or damaged by replacing the panes – not the frames has received the coveted 'Which Trusted Trader' status after going through a rigorous accreditation process entirely focussed on customer service.

Group Managing Director Marcus McGee believes that Which? have endorsed Cloudy2Clear's long standing company policy of delivering the highest standards possible at all times. 'Our service is simple. If your double glazing has misted up we can replace the glass at a fraction of the cost of a new window, in any type of frame, and with a new 25 year guarantee. But it's not just about saving people money, although that obviously helps. Whilst a number of tradespeople perhaps don't focus on customer care as much as they should do, we make sure we turn up when we say we will, do the job the customer requires and leave their house as clean as a whistle.

Locally Cloudy2Clear service Cardiff & surrounding areas and Welsh business owner Phil Powell agrees that this approach is a major factor in his success. 'The truth is that it's not just the personal satisfaction that I get from doing a good job but also it makes good business sense. I get a huge amount of business from friends and family of people I've done work for, which just goes to show how much a little bit of effort is appreciated as both my customers and, obviously a body as nationally important as Which? now recognise.'

So, if your windows are steamed up, broken or damaged give Phil a call for a free quotation on **0800 61 21 118** and he'll be happy to help!

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Passionate about local, independent businesses and what they can offer members of the public

FAY BLAKELEY, who owns a gift shop, 'Homemade Wales' in Barry, which promotes Welsh products, explains the vital importance of independent businesses to the local economy.

USE THEM OR LOSE THEM! High streets and independent shops help drive local economy.

JOHN STREET, PORTHCAWL

BOVERTON ROAD, LLANTWIT MAJOR

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HIGH STREET IN BARRY

LLANTWIT PRECINCT

WE live in uncertain economic times, which is why I'm so passionate about encouraging the public to shop local and support their local high street.

Unfortunately independent shops, by their very nature, don't have the same financial resilience as the large corporates, but what we do have in our armour is flexibility and the ability to react to our customers' needs and requests quickly and effectively.

Most gift shops buy their stock from the big trade shows. At Homemade Wales, we don't do this. Instead, I work with individual makers, artists and designers or other micro-businesses to source beautiful, unique stock for the shop.

A customer recently told me that Homemade Wales has the best selection of Welsh cards she'd ever seen – I'm proud to supply this service to the Welsh-speaking community. But many of my customers are not Welsh language speakers.

Most of my customers are looking for something that has been beautifully made and that they're not going to find in one of the larger chain stores. They know that they can find gifts 'a little less ordinary' at Homemade Wales.

I have to choose my stock carefully, as I know I can't compete with the prices offered by products made in the far east, China, etc.

'EXTRA SPECIAL'

But, this spurs me on to find something that extra-special and a little bit different, something that the giver will be proud to give and the recipient delighted to receive.

We offer friendly, personal service and free gift-wrapping from a family business. Because we work in partnership with the suppliers, I can tell my customers exactly who made the item they're buying and from where in Wales it came – my suppliers span the whole of Wales, with many right here on our doorstop in the Vale. It's sustainable gift-giving in practice.

The business is growing steadily, as more people hear about us. Social media has been a great help in getting the message out. Customers can see what we have in store and then visit to take a closer look – it's the edge we have over online traders. But not all of my customers use social media, so I'm careful to use more 'traditional' media (eg newspaper press ads) as well.

Barry is particularly challenging, because unlike other towns in the Vale, we don't have a single, unified shopping centre. We have various shopping areas.

But we need to start seeing this as a strength, and promoting each area for its specific offerings – eg High Street, Island Road and Broad Street are 100 per cent independent and the home to award-winning restaurants and butchers; not many shopping areas can say that!

We have to promote the high street as a real shopping alternative to out-of-town chain stores and online supertraders.

As a society, we need to value what independent shops bring to our communities which is why as a group of traders, High Street Shopping Quarter is committed to organising quality events, like the Christmas Light Switch On, to bring the community together.

We must never stop reminding the public that we're here. We have the usual problems with planning and infrastructure – lack of parking, signage and marketing. But we're starting to work with the council on its 'Shop Local' campaign and are hopeful that funds can be released to support this initiative.

Christmas is particularly important to the small independent business: a good Christmas can help see the business through the leaner months.

Councils need to recognise this fact.

Yes, it's a nice idea to have 'pop-ups' and craft fairs, but these take the 'cream' at Christmas and don't support the town all year around. In order to have a thriving high street all year round, priority needs to be given to the independent businesses who stick with it all year around.

If these businesses are not supported, then within a couple of years, sadly, the high street will cease to exist.

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What's on, where, and when in your area?

Meet your local officers

Court PACT, today (Thursday, November 3) at 6pm at the Witchell Community Centre, Dyfan Road, Barry.

Dinas Powys PACT, Friday, November 4 at 7pm in St Mary's Church Hall, Edith Road, Dinas Powys.

Illtyd PACT at All Saints' Church Hall, Park Road, Barry on Monday, November 7 at 7.30pm.

Gibbonsdown PACT at the residents' board office, Coychurch Rise on Tuesday, November 22 at 10.30am.

Cadoc PACT – Waitrose, Palmerston Road Barry on Thursday, November 24 between 11am and 1pm.

You can also meet your local neighbourhood team at Aberaeron HUB, Aberaeron Close, Barry every Monday between 10am and 12 noon.

Cowbridge Art Society

ON November 3 the society welcomes Barry artist Carl Chappel, who will give a demonstration of painting a portrait in oils.

On Thursday, November 10, former V&A curator Roger Pinkham (www.classicaledforum.co.uk) will give an illustrated lecture on British Surrealists.

The society meets on Thursday evenings at the Old Hall, Cowbridge (7pm – 9pm) and occasional visitors and new members are most welcome. For details of the society's programme and activities see www.cowbridgeartsociety.com and www.facebook.com/cowbridgeart.cas/?ref=bookmarks.

Councillors' surgery

LLANTWIT FIRST Independent councillors will hold a surgery at the Heritage Centre, Town Hall, Llantwit Major on Saturday, November 5, from 9.30am – 11.30am. Residents who have any issue to raise are welcome to attend.

Church bazaar

ST Helen's Church, Barry, is holding its annual bazaar on Saturday, November 5 at the Barry Memorial Hall, Gladstone Road.

Doors open at 1.30pm, admission 50p. Stalls include books, bottles, china and glass, jewellery, bric-a-brac, gifts, 'prize every time', cakes, raffles, toys, jigsaws and – Mother Christmas!

Music at lunchtime

ON Monday, November 7 at 1pm Nigel Lloyd-Layham (baritone) and Anthony Negus (piano) will play at All Saints' Church, Penarth.

Bring along your lunch, tea/coffee provided. Entry is free, although donations to the organ fund will be greatly appreciated.

TaxHelp for Older People

TOP's income tax surgery will take place on Monday, November 7 at Roz Couzens' Chiropody Surgery, Unit 4, Commercial House, Commercial Street, Llantwit Major (CF61 1RB).

Free professional advice to older people on a restricted income will be offered from 10am – 12pm. No appointment necessary.

Home visits can be arranged for those unable to attend, on helpline 0845 601 3321 or 01308 488066.

Cowbridge British Legion

THE AGM of the Cowbridge and District branch of the Royal British Legion will be held at 7.30pm on Tuesday, November 8 in the Duke of Wellington.

All branch members should attend this meeting and interested non-members will also be welcome.

Cowbridge U3A

THE next Cowbridge U3A monthly meeting will be musical entertainment by Cantorion Creigiau, at 2pm on Wednesday, November 9 in Cowbridge Town Hall.

Visitors welcome (there is a small fee, which includes refreshments).

See www.u3asites.org.uk/cowbridge.

SM

Community Cinema

OUR next film is *The Man Who Knew Infinity*, a true story about a self taught maths genius from Madras in India, who earned admittance to Cambridge in World War One.

Showings are on Thursday, November 10 at 3pm and 7.30pm. Tickets are available from the Village Shop, Red Lion or by calling 07802 467466.

Charity Bake Off

SUSTAINABLE Wales is organising an autumn fundraising Fairtrade Bake Off at the Green Room Cafe, (above SUSSED) James Street, Porthcawl CF36 3BG on Saturday, November 12 at 10am (open to the public from 11am).

Bakers are asked to bring favourite recipes along with a cake made with Fairtrade ingredients (many available from SUSSED). This is a fantastic event for you, schools, churches, groups and members of the public to enjoy.

Call 01656 783962 or email FT Bake Off message to mm@sustainablewales.org.uk I by Friday, November 11.

Spring fair in Penarth

FOLLOWING the success of the spring craft fair in March, fundraisers at Trinity Methodist Church, Penarth will hold a craft fair in Trinity Rooms on Saturday, November 12 from 10:30am – 4pm. Entry is free.

Organised by the pastoral visitors team from Trinity with refreshments, raffle, baked goods and 'pre-loved' stall run by Gill Street and daughter Ceri. All profits will go to Crohn's and Colitis UK and Epilepsy Action, both worthy causes.

From 2pm, several crafters will give mini-demonstrations of their crafts.

Donations of raffle prizes and baked goods welcome; contact Ro Newman on 01446 701072, or email Ceri-Lou at fundraising@trinitypenarth.org.uk.

Benefit advice

IF you live in the Vale and need advice on Pension Credit, Attendance Allowance, Housing Benefit, Disability Living Allowance or others, Age Connects Cardiff and Vale run a free welfare rights service to help you.

An advice session takes place on Tuesday, November 15 from 9.30am – 11.30am at the Age Connects Senior Health Shop, 38 Holton Road, Barry. No appointment needed, just come along for a chat.

For further information, contact 01446 732385; home visits can be arranged.

Diabetes event

VALE of Glamorgan Diabetes UK voluntary group will next meet on Tuesday, November 15 in the Board Room, Llandough Hospital, Penarth from 7.30pm – 9pm.

The speaker will be Dr Lindsay George, consultant physician in general medicine, diabetes and endocrinology, concluding with a question and answer session.

All welcome!

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Linda 01446 761150/ 07809 901008

New consultant
Wednesdays 5.00pm
All Saints Church Hall, Victoria Square, Penarth
Linda 01446 761150/ 07809 901008

New Group
Thursday 9.30am
Talbot Community Centre, Kenfig Hill
Millie 07765 040006

New consultant
Thursdays 5.30pm and 7.30pm
The Cabin (Next to Swim Pool), Rear of Hebron Hall, Cross Common Road, Dinas Powys
Linda 01446 761150/ 07809 901008

New consultant
Fridays 9.30am
The Cabin (Next to Swim Pool), Rear of Hebron Hall, Cross Common Road, Dinas Powys
Linda 01446 761150/ 07809 901008

Mondays 5.00pm and 7.00pm
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Julie 07903 585693

Mondays 5.30pm and 7.30pm
Celtic Way Community Centre, Rhoose
Helen 01446 750738/ 07968 355119

Mondays 5.30pm and 7.30pm
Elfed Avenue United Church, Elfed Avenue, Penarth
Nia 07793 885581

Mondays 5.30pm and 7.30pm
Tabernacle Church Kings Square, Barry
Lorraine 01446 407002

Tuesdays 9.30am
Gilgal Church, Woodland Ave, Porthcawl
Bev 07912 172674

Tuesdays 9.30am and 11.30am
Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major
Helen 01446 750738/ 07968 355119

Tuesdays 5.30pm
Holy Trinity Presbyterian, Church Hall, Trinity Street, Barry
Joanne 01446 404897

Tuesdays 5.30pm
Brackla Community Centre, Brackla
Rhian 07837 280013

Tuesdays 5.30pm and 7.30pm
Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major
Helen 01446 750738/ 07968355119

Tuesdays 5.30pm and 7.30pm
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Scott 07415 724562

Tuesdays 6.30pm
The Old School, South Road, Sully CF64 5TG
Nicola 01446 740394

Wednesdays 6.00pm
Cadoxton Methodist Church, Church Road, Barry
Joanne 01446 404897

Wednesdays 4.45pm and 6.45pm
St Francis Millennium Centre, Park Road, Porth-Y-Castell, Barry
Annamarie 01446 736534

Wednesday 3.30pm, 5.30pm, and 7.30pm
Bridgend Deaf Club, Coychurch Road, Bridgend
Helen - 07714 170908

Thursdays 3.30pm, 5.30pm and 7.30pm
Talbot Community Centre, Kenfig Hill
Millie 07765 040006

Thursdays 10.15am
St Helen's Church Hall, Wyndham Street, Barry CF63 4EL
Nicola - 01446 740394

Thursdays 5:30pm
Highlight Park Community Centre, Barry Annamarie 01446 736534

Thursdays 9:30am
Nolton Church Hall, Merthyr-mawr Road, Bridgend Donna 01656 669739

Thursdays 5:30pm
Pencoed R.F.C, Velindre Road, Bridgend Donna 01656 669739

Fridays 9.30am
St John Cymru-Wales, Minerva St, Bridgend
Rhian 07837 280013

Saturdays 8am and 10am
Nolton Church Hall, Merthyr Mawr Road, Bridgend
Rachael 07809 626285

Saturdays 8am and 10am
Buttrills Community Centre, North Walk, Barry
Martin 07827 445570

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Visually breathtaking... but cumbersome plot lets Doctor Strange down!

by GARETH JAMIESON
Follow Screen Talk on Twitter – @GEMScreenTalk

IT seems these days that your status in Hollywood isn't measured by how many Oscars you've won, or which directors you've worked with – but by whether or not you're starring in a superhero franchise.

It seems as if most stars are members of either the Marvel or DC family, and the newest addition to the former is Benedict Cumberbatch who takes on the title role in the latest Marvel adventure, *Doctor Strange*.

Cumberbatch plays Stephen Strange, a renowned (and arrogant) surgeon who loses the ability to use his hands properly in a car accident.

When the best medical care fails to restore his hands to full working order, Strange travels to Nepal where he meets a sect led by The Ancient One (Tilda Swinton), who aims to restore Strange's abilities and spirit using mystic techniques.

When the villainous Kaecilius (Mads Mikkelsen), a former pupil of The Ancient One, attempts to merge our universe with the 'Dark Dimension', Strange is forced to use his new skills to defend the earth and stop Kaecilius' evil plans...

Doctor Strange's arrival on the Marvel scene marks something of gear shift for that universe; after all, while we've gone from superheroes to space renegades, we've yet to meet a hero who can travel from place to place through the power of thought or who can travel through different astral plains and dimensions.

Bringing Strange to screen then could be seen as something of a gamble, yet it's one that pays off in some ways, yet also finds itself cleaving a little too closely to the Marvel formula in other ways.

Visually, as you would hope and expect, *Doctor Strange* is the most ambitious and breathtaking Marvel film thus far; director Scott Derrickson's CV doesn't scream out 'trippy visuals' but here he shows a sure hand and an ambition that creates several hugely-impressive scenes.

It may take its cues from *Inception* in the way that cities fold in on themselves, but that's just the tip of the iceberg; as Derrickson takes us through different dimensions, he injects the film with a keen visual sense that is unlike anything you've seen before.

The character's emergence on the page in the 1960s infuses the big-screen incarnation with that decade's woozy trippiness, Derrickson capturing that sense and bringing it to life with aplomb.

However, while visually the film is the most unique and interesting offering from Marvel yet, the story is yet another example of cookie-cutter storytelling; the fact it's an origin story isn't the problem, the build-up and development of Strange going from arrogant surgeon to open-minded mystic well told, but the surrounding elements (one-dimensional villain with a world-ending plan; mentor with a shady secret) feels all too familiar.

In fact, after the opening half of the film, which takes in Strange's mental and physical journey, things go a bit flat, and the conclusion, while staged with a sense of scale and a degree of wit (the latter something that is prevalent throughout the film as a whole) feels like a box-ticking exercise rather than delivering something fresh and different.

In the title role Cumberbatch is effortlessly good as Strange; if pre-accident Strange feels a little too Sherlock-like (minus the anti-social behaviour), then Strange's fall and redemption are well-realised by the actor, who keeps the character on the right side of intriguing and morally upright without coming across too pompously.

While the rest of the cast are all fine, they're hamstrung by being giving very little to do; neither Chiwetel Ejiofor nor Rachel McAdams having any meaningful impact on proceedings, while Tilda Swinton and Benedict Wong (as a mystical librarian whose stony face is a source of constant amusement for Strange) are both fine.

Mads Mikkelsen is a good actor, yet like many Marvel villains, he's saddled with a dull story arc, lacklustre motivation and while trying his best, doesn't quite manage to resonate.

However, the Marvel-ness of the film keeps it on track to the end, and also has consequences and after-effects for the universe as a whole which are highly intriguing.

It's an impressive debut for the 'Sorcerer Supreme' and bodes well for future outings, both solo and within the larger Marvel universe; you just wish that *Doctor Strange* was a little less formulaic and as intriguing in its narrative as it is in its visuals.

VERDICT: Visually arresting, narratively cumbersome, *Doctor Strange* is a bold new frontier for Marvel, brought to life vividly by Scott Derrickson. Benedict Cumberbatch shines in the title role, but it loses some of its shine through predictable plotting. Enjoyable.

SEE THIS IF YOU LIKED: *Inception* (2010), *Iron Man* (2008).

VALEPLUS PUTS IN THE HOURS!

VALEPLUS, a charity that provides learning and leisure opportunities for people with a learning disability, recently completed 500 volunteer hours in the Parade Gardens, Barry.

The group did gardening duties in the park once a week throughout the summer and early autumn.

As well as keeping the park tidy, the group was also able to work towards training modules on both Agored and ASDAN horticultural courses.

Steve Thomas, a director of ValePlus said: "All our members enjoyed the experience and learned some new practical gardening skills."

ValePlus is based in Barry and Llantwit Major, and further information can be found by looking on the website *www.valeplus. org.uk*.

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'Keep Rover calm on bonfire night' – *CHARITY*

Honey relaxing in bed ahead of Bonfire Night.

AS families enjoy the annual firework displays, dog owners are preparing for one of the most stressful times of the year and the Dogs Trust is hoping its tips will help animals in their care, such as two-year-old Honey, as well as dogs throughout the region, stay as relaxed as possible during fireworks season.

Angela Wetherall, Rehoming Centre Manager at Dogs Trust Bridgend, says: "Dogs don't understand that fireworks are part of our celebrations, for them they are sudden, unpredictable, bright and very loud, so it's not surprising that so many become scared.

"We do our best every day of the year to keep our dogs relaxed, but it's particularly difficult when fireworks start, so it's important to understand each dog so we know how to help them the best we can.

"Our canine carers do all they can, finding out what works best to help each dog cope. For some, this might be building dens where they feel safe or playing classical music to mask the sounds, or being with people."

The charity says that although a fear of fireworks is very common in dogs, their reactions can vary.

Some might want to hide and if that's the case, the charity recommends creating a safe enclosed area, a 'den', in the home where they can retreat to. Others will go to their owners for reassurance and will benefit from sitting close by and having a stroke or a cuddle – whatever they are used to and enjoy.

When it comes to Honey, she has found listening to music and spending extra time with her favourite two-legged friend helps.

Angela Wetherall says: "She is a gorgeous girl but is definitely not a lover of loud noises, so we're making sure she has had lots of mental and physical exercise so she's as relaxed as possible, we play music when she is in her kennel to help mask the sounds and we also make sure a member of staff stays with her to help her cope."

The charity's tips can be found at www.dogstrust.org.uk.

Alaska is nice all year round!

While big, beautiful and bouncy, Alaska is a sensitive soul and loves a cwtch!

OUR dog of the week is a beautiful bitch called Alaska, who is only two years old, very bright and active, with a sensitive side too.

Her new owners will need to use positive training and work at leaving her for short periods as she is used to being with someone all dayAlaska's new home should have a well-adjusted dog already and have experience with large dogs as she is a big and bouncy girl.

Alaska can live with children over the age of 14 years of age.

If you would like an affectionate husky to be part of your family, please call the Dogs Trust at Bridgend on 01656 725219, or visit www.dogstrust.org.uk

Diwrnod Shwmae Su'mae 2016

AR ddydd Sadwrn, 15fed o Hydref, dathlodd Menter Bro Ogwr ddiwrnod Shwmae Su'mae am y bedwaredd flwyddyn.

Mae'r diwrnod yn cael ei ddathlu ym mhob cwr o Gymru erbyn hyn gyda phobl yn hybu'r syniad o ddechrau bob sgwrs yn Gymraeg gan ddweud Shwmae.

Nod y diwrnod yw dangos bod y Gymraeg yn perthyn i bawb – yn siaradwyr Cymraeg, dysgwyr neu os ydych chi'n swil am eich Cymraeg.

Dros yr wythnosau yn rhedeg i fynyi'r digwyddiad roedd Menter Bro Ogwr wedi annog unigolion, ysgolion, y coleg, sefydliadau a busnesau'r sir i ymunoyn y dathliadau ac anfon eu lluniau i ni. Fe drefnon ni nifer o ddigwyddiadau a gweithgareddau i ddathlu'r diwrnod hefyd.

Eleni, aeth Menter Bro Ogwr ar daith o rhai o gymunedau'r sir gyda Superted. Ymwelon ni a chylchoedd meithrin a busnesau yn ardaloedd Pen-y-bont, Coety, Sarn a Phorthcawl. Yn yr wythnos yn rhedeg lan i'r diwrnod fe wnaethon ni gasglu nifer fawr o fideos a lluniau o drigolion y sir yn dweud 'Shwmae' mewn digwyddiadau megis yr ŵyl gyhoeddi, cyngerdd Cantorion Coety, ein clybiau a Siop Siarad, ayb.

Mae'r lluniau a'r fideos yma i gyd i'w gweld ar ein tudalen Facebook a Twitter.

Mae'r Fenter yn gweld budd mawr o ddathlu'r digwyddiad ac yn gweld hi'n ffordd wych o dynnu sylw pobl at yr Iaith Gymraeg a gwaith Menter Bro Ogwr a dangos bod yr Iaith yn perthyn i bawb o drigolion Pen-y-bont ar Ogwr. Hoffwn ni ddiolch i bawb a gymerodd rhan yn y dathliadau eleni ac rydym yn edrych ymlaen at ddathlu'r diwrnod unwaith eto yn 2017!

Os hoffech chi weld y lluniau a fideos, ewch i'n tudalen Facebook: www.facebook.com/menterbroogwr.

Shwmae Su'mae Day

ON Saturday, October 15, Menter Bro Ogwr celebrated Shwmae Su'mae day for the fourth year in a row.

The day is now celebrated in every corner of Wales with people promoting the idea of starting every conversation in Welsh by saying 'Shwmae'.

The aim is to show people that the Welsh language belongs to everyone – however much or little Welsh you may have.

In the weeks running up to the event, Menter Bro Ogwr urged individuals, schools, the college, organisations and businesses in the county to join in the festivities and send us their pictures. We also organized a number of activities and events to celebrate the day.

This year, Menter Bro Ogwr took Superted on a tour of some of our county's communities. We visited nurseries and businesses in the Bridgend, Coity, Sarn and Porthcawl area.

In the week running up to the day we also collected a number of videos and photographs of the residents of Bridgend county, saying 'Shwmae' in events such as the Proclamation day, a Cantorion Coety concert, our clubs and Siop Siarad, etc. The photographs and videos can be seen on our Facebook and Twitter pages.

Menter Bro Ogwr finds that celebrating the day is an excellent way of raising awareness of the Welsh language and the work we do in the county. Most importantly it shows that the Welsh language can and does belong to everyone in Bridgend and Wales.

We would like to thank everyone who took part in the celebrations this year, and we look forward to celebrating the day once again in 2017!

AMANDA JAINE EVANS

'THANK YOU' *says the Children's Society*

THE autumn fair held in Penarth on October 29 raised more than £1,410 for the Children's Society.

My appreciative thanks, on behalf of the society, to all those who supported the day, those who donated in any way, and the wonderful help that comes so willingly.

Thanks also to The GEM for its advance publicity, which helps enormously to encourage the public to attend these events.

ANN LUSH MBE,
(Hon vice-president of The Children's Society and chairman, Penarth fundraising committee).

GEM ADVERTISEMENT FEATURE

In Business Update

Tailor Made Travel lands in Cowbridge!

Pictured from left: Kirby Goddard, Carolyn Reeves, Gaynor Jenkins and Sue Jones.

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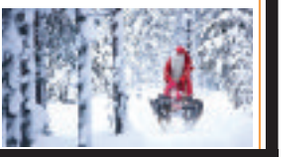

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LBD time at Samantha B

IT'S fast approaching the party season – so we turn our thoughts to all things sparkly!

The little black dress (LBD) comes into its own. We have a lovely selection of dresses from Pomodoro, Bianca and a new selection from Gina Bacconi, prices starting at £72.

If like me you're more of a jacket and trousers kind of girl, we have that covered too! Sparkly boucle from H and O or if you're daring, a black and silver animal print, gorgeous.

We have a fabulous selection of accessories to finish your look too. If you're looking for something more cosy, how about a lovely coloured pair of jeans from Olsen or Marble, team with a lovely piece of knitwear and voila.

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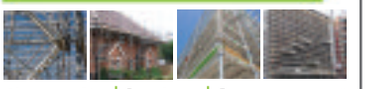

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BRENDAN SWEENEY, of David Prosser & Co Solicitors, writes:

It is estimated that 60 per cent of the UK population do not have a Will.

A Will takes effect on your death and is an instruction as to what is to happen to your estate.

Probate disputes and challenges to Wills are becoming a growth area, which often leads to substantial costs.

We now live in a world where family relationships are often very complex, and expert advice regarding the drafting of a Will is essential.

A professional advisor can also advise you in relation to inheritance tax, and how you plan to minimise potential liabilities to inheritance tax

It is important that people are fully aware of their duties and financial responsibilities when they make a Will, to ensure that they comply with the technicalities that are required to have a valid Will.

The cost of a professionally-drafted Will, after taking advice, is considerably less than the costs that can be incurred if there is a dispute regarding your financial affairs after your death.

Substantial costs can also be saved by taking professional advice early, and putting in place Powers of Attorney – whereby you appoint trusted people to make decisions about your property and financial affairs and health and welfare, if your lose capacity.

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Parkman Funeral Home

GREENER lives are increasingly being followed by eco-deaths: a natural burial is a natural way to celebrate life, a way of giving back to nature and the environment a gift for future generations, the gift being a protected, nature-rich environment.

As people become more aware, not only of their responsibility to the environment, but also of their ability to choose where their ultimate resting place will be, more and more are turning to natural burial. The impact on the environment is considerably less than that of cremation, and they know they will rest in a beautiful, natural setting.

A natural burial is an ethical choice, with no neglected grave and no burden to survivors charged with the responsibility of grave visiting and maintenance.

Instead of headstones, wild flowers, meadows and trees mark the grave, a true symbol of life and eternity – all part of the circle of life.

Simple, direct cremations

THINGS have changed in recent times and direct cremations have become increasingly popular, David Bowie being the most recent person who decided to use this option.

Some people find that the day of the funeral can be traumatic and upsetting. A direct cremation can be an alternative to this. Some families may wish to hold a thanksgiving or memorial service at a church or chapel; some have held a party to celebrate the person's life.

These are just some examples of what some families have chosen. We would be more than happy to help you arrange any of these.

With a direct cremation, everything is included in one price. Bringing the person who has passed away into our care, paying any doctors' fees, preparing them and providing a wooden coffin, use of Chapel of Rest and transportation to the crematorium.

The main differences are: there is no visiting of the person who has passed away (this can be arranged at extra cost); no service, and the coffin is taken to a local crematorium discreetly. All details are kept private. Everything else is still carried out with the care, dignity and respect that you would expect.

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Walk takes Penarth Ramblers to the 'graveyard for ships'

PENARTH and District Ramblers recently headed across the border to England for two delightful walks in the county of Gloucestershire, firstly when Jan and John took their party of seven walkers to view the Purton hulks.

Leaving the village of Brookend and entering fields, they made their way across to Purton, once a renowned port with a ferry. Unfortunately, their long distance views were somewhat impeded by mist but, making their way to the Gloucester and Sharpness ship canal, once the broadest and deepest in the world with its immense swing bridges and lovely ornate bridge-keepers' houses, they paused for coffee.

After viewing the nearby Victorian St John the Evangelist Church and making their way to the River Severn, where old wooden barges and concrete boats were deliberately rammed into the mud to protect the narrow bank between the river and canal from further erosion, this graveyard for boats is a sight to behold.

Then, on past the old Severn railway bridge where on October 25, 1960 during heavy fog, two tankers carrying oil and petroleum spirit collided with the bridge, fracturing a gas main which caused a massive explosion, resulting in the sinking of both ships with the loss of five lives.

After lunching at Sharpness docks, a short climb and a return through fields led them back to the Lammastide Inn for refreshments prior to the journey home.

The following day, Joy and her 10 companions plus Pepper the spaniel made their way to St Briavels, where the countryside was adorned with an overcoat of mist. Setting off from the castle they descended steeply by means of pretty sunken lanes, roads and a farm track to the River Wye near Bigsweir Bridge.

Joining Offa's Dyke path, built by King Offa from Prestatyn to Sedbury to protect the border between England and Wales from the unruly Welsh invasions, heading steeply uphill by field and woodland at The Hudnalls, they paused for morning coffee.

Then, scuffing their way through crisp fallen leaves along a series of sunken tracks and heading gradually downhill towards Brockweir, a wide path through woodland and a narrow footbridge over a brook led to their second climb of the day.

Heading up through fields into a cool and blustery easterly wind and seeking the shelter of trees for a lunch stop, the sun came out from behind the clouds to light up the valley below.

More fields and a lane led to the pretty village of Hewelsfield and after visiting the delightful St Mary Magdalene Church with its glorious stained glass windows and the 1,300-year old yew tree in its circular churchyard, a trek through more fields with views across the Severn estuary led back to the George Inn for refreshments before the journey back to Wales.

On November 5, please note the change to the start time: meet at 8.30am at Cogan Leisure Centre for an 11-mile moderate walk from Llanhilleth to Abertillery; contact Sylvia on 029 2070 8758.

Wear suitable clothing, preferably boots and carry waterproofs, food and drinks. Some degree of fitness is required and if you are in any doubt, then contact the walk leader for advice. Programmes and membership advice can be obtained from Pam on 02920 255102.

JOY STRANGWARD

Community enjoys a 'wheel-y' good evening

MORE than 25 members of the local community came together to attend a 'community engagement evening' at Porthkerry Country Park's lodge recently, where they learned more about the park's new projects, including the Heritage Lottery Fund subsidised 'Wood to Wheel' project.

The Wood to Wheel project has been awarded the sum of £63,000 by the Heritage Lottery Fund, and aims to use the money to stabilise sections of the old saw mill in the Millwood area of the Porthkerry Country Park, so that it can be opened up to visitors, including local schools.

The evening was organised in order to gain some insight into the history of the mill. This will assist with the park's other project – the Historical Interpretation project – which will use the memories and photos gathered on the night for a new augmented reality application.

The app will work alongside the new traditional interpretation panels and a new visitor information room in Nightingale Cottage, and aims to give visitors a deeper insight into Porthkerry's history.

Mel Stewart, ranger at Porthkerry Country Park, said: "It was lovely to meet so many local people who have a lot of interesting memories of the mill and park, people who are willing to help out with the projects.

"We gathered a lot of new information, including how the Williams brothers were the wheelwrights and carpenters at the mill, and that pigs were kept in the back garden of Nightingale Cottage!"

The park's team is still keen to hear from people who have any interesting memories of the park, anyone who has any old photographs, or someone who knows of a person who worked or lived at the park in the past.

The park will be holding two events early next year to celebrate the woodlands and sawmill, and would like to hear from anyone interested in demonstrating woodland crafts.

To share information, or to find out more, contact Mel Stewart on 01446 733589 or porthkerry@valeofglamorgan.gov.uk.

Come and check out our brand new website at glamorgangem.co.uk - for all your latest sports news from around the area

SUNDAY LUNCH AT THE COPTHORNE HOTEL IS A SPECIAL OCCASION

by TIM CHAPMAN

Sunday lunch with the family is one of life's simple pleasures – especially when it is prepared for you – and there's no washing up to do!

ONE of the great pleasures of the week is enjoying Sunday lunch with your family – all the more so when it's prepared and served by the staff of the Copthorne Hotel, Culverhouse Cross.

The hotel's elegant, oak-panelled restaurant with feature windows overlooking a lake is a lovely location to enjoy your dining experience.

My wife and I were greeted warmly by Daniel and shown to our table.

Sunday lunch at the Copthorne provides a choice of two courses for £12.95 or three courses for £15.95. Diners have the option of a cheese platter to finish at the end for a £2.50 supplement.

There was a tantalising choice from three starters, four main courses and four desserts.

Smoked salmon is one of my wife's favourites so she opted for the 'Wye Valley smoked salmon rillette cucumber and caper salad, and beetroot jus'. It was tasty, nice and light, and the 'beetroot jus' gave it a tangy lift. The presentation was excellent with the 'jus' drizzled across the plate making it very attractive. My wife enjoyed the combination of flavours.

For a starter, I decided to plump for 'roast pepper and sweet potato soup with paprika crème fraîche' and crusty bread.

It was hearty, warming soup on a cold day, which left a nice peppery after-taste on the tongue.

Another option for a starter would have been a 'warm Salade Liégeoise' consisted of 'lardons, new potatoes, caramelised onion, French beans, poached egg, roasted vine tomatoes and honey and mustard dressing'. So there was a great selection to kick the meal off.

The service from Alan, Antoine and Victoria was first class – friendly and attentive – and we didn't have to wait long between courses. Everything was brought out promptly.

The choice of main courses was 'roasted salt cured shoulder of pork', 'seared fillet of sea bream', 'roasted sirloin of beef' and a vegetarian option of 'roast Mediterranean vegetable and goat's cheese pithivier with pine nut and cranberry salsa'.

All the above main courses were accompanied by cauliflower/broccoli cheese; glazed beetroot and chantenay carrots and roasted shallots.

My wife chose the pork which came with sage and onion stuffing and roast potatoes. She thought the meat was very succulent and the stuffing complemented the flavour of the pork. The potatoes were nice and crisp – all in all very enjoyable.

I went for the beef which I ordered 'medium rare' and it was juicy and tender. It was accompanied by Yorkshire pudding, one of my favourites, the crisp roast potatoes, and a rosemary scented jus which went perfectly with the beef.

It was topped with a rich beef gravy which added the finishing touch. (I was tempted to ask for seconds!)

With little space left we went on to sample the delights of the dessert trolley: lemon meringue tart, sticky toffee pudding, chocolate delice and an ice cream and sorbet selection.

My wife's all-time favourite dessert is sticky toffee pudding and this was accompanied by salted caramel sauce and vanilla bean ice cream. She didn't say anything for five minutes – so it must have been good.

I went for the chocolate delice with macerated berries. It has a mousse-like texture and wasn't too heavy after a filling meal.

We were pleasantly surprised that the Copthorne Hotel provided a top quality three course Sunday lunch for as little as £15.95; or two courses for £12.95. Excellent value and in very pleasant surroundings.

We dined at 1pm and it was nice to see parties of all generations enjoying their Sunday lunch together. Many were regulars who the staff knew well. We are not surprised, it was a very pleasurable dining experience.

In the hectic, pre-Christmas weeks ahead, enjoying Sunday lunch out saves families time and effort, and is a real pleasure. If my wife behaves herself, a return visit to the Copthorne Hotel is definitely on the cards.

Sunday Lunch

at Copthorne Hotel Cardiff

Enjoy a delicious traditional Sunday roast, four star surroundings & service & stunning views over our private lake.

Whether you start with a drink by the fire in the Burges Lounge or head straight into the Raglan Restaurant, the Copthorne Hotel is the perfect place to relax with friends and family and soak up the Sunday atmosphere. Demand is expected to be high so please call 02920 599100 to book your table to avoid disappointment.

Copthorne CARDIFF

£12.95 2 courses | £15.95 3 courses

Children under 12 £5.95

for a Beautiful Home this Christmas

Get your home ready for winter

WITH a prediction that a particularly cold winter may be on its way, households across Wales are being urged not to let the current unseasonably warm weather make them complacent.

The warning comes after an increase in the number of excess winter deaths seen last year, with vulnerable people living in cold homes a major contributory factor – despite 2015 being the mildest winter on record.

In response, OFTEC, which represents the oil heating industry, is urging the 87,000 oil households in Wales to make sure their heating systems are working efficiently so they can stay warm and well this winter – and save money on their fuel bills. The advice includes:

• Make sure your boiler is serviced by an OFTEC registered technician so everything is working correctly.

• Check the timers on your thermostat to ensure your heating comes on at the correct time,

• Adjust the thermostats on individual radiators and turn them off in rooms you are not using.

Malcolm Farrow, from OFTEC, commented: "With the depths of winter still weeks away, it is easy for households to be put off checking their heating system until the cold weather arrives.

"However, waiting until the last minute could leave you in the cold with a costly repair bill. Cold snaps also put an extra strain on heating systems so having your boiler serviced by an OFTEC registered technician will help avoid any problems and provide you with peace of mind."

Plenty of advice on offer...

FIVE TIPS FOR ADDING VALUE TO YOUR HOME

OUTGROWN your present place of residence? Julia Gray of the Press Association has some advice...

1/ If you've outgrown your home and you can make it bigger by building an extension or converting the loft, cellar or garage, doing the work is often more economical than moving and gives you an opportunity to create space tailored to your needs.

However, you need to be careful not to enlarge your home in the wrong way.

You'll add most value if everything's in proportion – for example, the right number of bedrooms to bathrooms (aim for at least one bathroom to three bedrooms) and enough living space for the number of bedrooms.

2/ Lofts are often straightforward to convert, especially if the work can be done under your home's permitted development rights, meaning that planning permission isn't required.

Loft conversions usually add most value when turned into a suite with a main bedroom, bathroom or shower room and even, if there's enough space, a walk-in wardrobe or dressing room.

If planning laws allow, maximising the space by adding a full-width dormer window and altering the side roof so it goes from sloped to 'straight' (when viewed from the front or back) makes for a larger and more valuable loft conversion.

3/ These days, smaller, separate rooms are out and larger, open-plan rooms are in – as far as most of us are concerned.

However, totally open-plan space isn't necessarily the best way to add value, or live day to day, especially if you have children.

Open-plan kitchen-diners/family rooms are now extremely popular, but also having a separate, more formal sitting room works well for many families.

Some families prefer to have a separate playroom or den for the kids, so the mess is self-contained.

4/ One of the best ways to create an open-plan kitchen-diner/family room is to add a ground-floor extension (which can also often be done under your home's permitted development rights) to enlarge the existing kitchen and any rooms you're combining it with, such as a separate dining room.

Add a wall of bi-fold doors leading out to the garden to give a wonderful feeling of inside-outside space and you have a valuable addition to your home.

5/ If enlarging the kitchen isn't an option, modernising a dated kitchen is one of the best things you can do.

Kitchens and bathrooms are the rooms that most sell homes because replacing them is expensive and disruptive, and while you don't have to spend a fortune to get a good look, any money spent is usually a good investment in these key rooms.

HOW-TO TIP

Do you have unsightly radiator-pipe holes in varnished or stained floorboards?

This is a common problem if the radiators have been moved, leaving the old holes.

Carefully lifting the boards with holes in and fixing a piece of wood underneath will enable you to fill the holes easily.

If you can't get the boards up and there's nothing to fill on to, gradually build up wood filler around the edge of each hole and when that's set hard, fill the middle of the hole.

Use a flexible wood filler that's the same as, or a similar colour to, the floorboards, or stain the filler the same colour for a good finish.

for a Beautiful Home this Christmas

DON'T FEAR THE DARK SIDE WHEN IT COMES TO YOUR HOME DECOR

by Gabrielle Fagan, of the Press Association

Don't be afraid of the dark side when it comes to choosing a colour scheme to set a mood for your home!

Black and moody hues – the colour palette for the recent Halloween festival – conjure drama in rooms, especially if enlivened with shots of colour, from pumpkin orange to blood red and night-sky inky blue.

"I'm a total lover of decor's dark side, because those colours make spaces feel incredibly cocooning, cosy and beautiful," declares designer Abigail Ahern, who's renowned for creating mood-setting palettes.

"It's such a shame people are wary, if not downright scared, of using these shades because they're worried they'll be gloomy and overpowering. But if they can be brave and step away from the comfort of neutrals, the rewards are tremendous.

"Once they see that a dark backdrop makes other colours – on furniture and accessories – literally 'pop' with contrast, they're hooked on a look which is grown-up and sophisticated.

"This approach is particularly effective in winter, when we get that lovely soft light and earlier dark evenings, and rooms can be made magical with candlelight.

ABIGAIL'S IDEAS

She continued: "Experiment with dark decor by starting small, so simply paint an alcove or feature wall in your chosen shade, which is what I did.

"Don't judge the effect until you've applied at least two coats, which allows you to achieve the full depth of the shade.

"I don't confine myself to black, although I love it, because green-greys through to deep chocolate browns, inky blues and plummy purples are equally effective and I've used them throughout my house.

"Rather than synthetic paints, which can have a uniform, flat appearance, use those with natural pigments; they have interesting nuances of colour which will reveal themselves in different lights.

"For example, a black can have undertones of brown, and blue can reveal green hues."

TIP: Limit yourself to accessories in two or three colours for each room, so you achieve colour cohesion rather than chaos.

For example, with a green/grey backdrop, Abigail introduced green shades, caramels and electric blue.

TWILIGHT ZONE

"Use the recent Halloween celebration as an inspiration for dressing the house with drama, whenever you feel like doing so" enthuses Ahern.

"I love using candlelight, which not only gives a flickering, flattering light but is a real scene-setter.

"Conjure layers by arranging lights on different levels and at varying heights. So display tea-lights in clusters on tables, candlesticks and candelabras on mantels and shelves, and I particularly like wall sconces.

"Fairy lights draped around pictures, and in a display in a hearth, will add to the twinkling effect."

TIP: Mirrors and fabrics with metallic finishes, as well as accessories, will reflect the light and add to the magical effect.

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Improve your home lighting

DO you want to improve the lighting in your home? JULIA GRAY of the Press Association has four tips...

1. Lighting should be at three levels in a room – the floor, walls and ceiling, so think about all three.

Plan ahead – if you're having electrical work done, make sure the sockets are fitted where you want your table and floor lamps, for example.

2. Lighting can be much more creative and useful than just an overhead light in each room.

In bedrooms, do you want wall lights over the bed for reading, or will bedside lamps do?

Don't forget wall lights in the bathroom, perhaps for creating a relaxing atmosphere when you're soaking in the tub.

3. Target lighting, especially in kitchens, can be both practical and attractive.

If you enjoy cooking, lights to illuminate the kitchen worktops (fitted under the wall units) may work well, and think about having strip lights along the wall units and/or kick boards for a dramatic effect.

4. In rooms with lots of recessed spotlights, ask your electrician to zone them so each zone (sitting area, kitchen, dining area, etc) is on a different switch, which will give you more flexibility and control.

You may also want dimmer switches so, again, the lighting's fully controllable and you don't have to sit and relax in bright overhead light.

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STUDENTS' SUCCESS IS CELEBRATED AT COLLEGE

Megan Flanaghan and Cavell Beer.

Daniel Declaire.

Rebecca Rees.

Nadia Hadjali.

CARDIFF and Vale College has showcased learners' work at an awards evening on its city centre campus.

The ceremony was hosted by Scrum V presenter Ross Harries.

All students recognised had won awards in their disciplines, and progressed on to university courses, the next level at college, or within their careers.

Two Aerospace winner Matthew Griffiths and Automotive winner Michael Scaccia – will be among the first cohort of specialist workers at Aston Martin's luxury car factory in St Athan when it opens in 2018.

Winners included Capital FM DJ Polly James, who won the college's Alumni award. Unable to attend, Polly sent a special video to say thank you and her breakfast show co-host Matt Lissack collected the award on her behalf.

A-Level student Ben Thomas won the award for contribution to college Life. An under-18 Cardiff Blues squad member, who has already represented Wales four times at under-18, 17-year-old Ben is a keen contributor to the college's rugby Academy who carries out his buddy duties with first year students with passion.

The Principal's Award for the student who best reflects the college's values, either through achievement, attitude of participation in extracurricular activities went to Lauretta Hughes.

Lauretta had made the tough decision to return to education after taking time out to raise a family. Deciding upon a career in nursing she took an access to higher education course at CAVC and achieved exceptionally high distinctions, progressing on to Cardiff University. Lauretta also won the college's health and care award.

"I haven't the words to explain how I feel – I am just totally overwhelmed!" Lauretta said. "To be picked for the Principal's Award out of 20,000 students is unbelievable – I was very happy to win one award but to win two is amazing.

"It's been a brilliant evening as well – all of the other winners have all done so fantastically well."

Nadia Hadjali of Barry won the hair and beauty award and was also crowned UK student of the year by the Hairdressing Council.

"It's really good to win this award," Nadia said. "I didn't know about the awards and I came back from my holidays to find a letter saying I'd won, so it was really surprising.

The Foundation Studies Award went to Sean Ball (21) of Cardiff.

Daniel Declaire (26) from Penarth won the Construction Award. Having secured a job with local firm Arnold Building and Carpentry, after six months he applied to CAVC as an apprentice.

"I'm over the moon – it's good and I'm really happy to win this award," Daniel said. "The company I work for has had two apprentices over the last six years so when the opportunity came up I got quite competitive as I really wanted to take this route. It's been really good – I was lucky to have very good tutor in my first year and then to have another really good tutor in my second. Hopefully I'll have another really good tutor in my third year and I can come back and win another award next year!"

This year the college's judges decided there could be no single winner of the hospitality and tourism award so it went to two students: Cavell Beer and Megan Flanaghan.

Students at the College's Glamorgan Suite restaurant in Barry, school friends Cavell and Megan were instrumental in the hospitality students raising more than £4,000 for Teenage Cancer Trust and Help for Heroes through a series of charity events this year.

This year's higher education award went to foundation degree in sports coaching and performance student Rebecca Rees (33) from Barry, who began at CAVC on a Level 2 course then progressed on to Level 3 and then the foundation degree.

Rebecca has now progressed to the University of South Wales for her third top-up year. She has achieved all of this while bringing up a family and overcoming personal health concerns without a single complaint.

Shipshape and Bristol fashion. Photo by Keith E Morgan.

The Mid Glam Savoyards bring G&S to Porthcawl

LANDLUBBERS and seafarers are invited to attend the Mid Glamorgan Savoyards' annual winter treat; *HMS Pinafore* by Gilbert and Sullivan.

The third and one of the most popular of the Savoy Operas, the plot is about the naughty goings on on board one of Her Majesty's ships in Portsmouth Harbour.

The captain's daughter, Josephine, who is supposed to marry the First Lord of The Admiralty, predictable falls in love with one the crew. It's a classic G&S story of love between different social classes with much lampooning of the system.

The cast have already taken the plunge with their first rehearsal, attended by the Mayor and Mayoress of Porthcawl, Coun Robert and Mrs Ann Lee.

Regular audience members will recognise familiar faces on stage; it's a seasoned cast and chorus. The full orchestra is locally recruited and we can expect a salty evening of delightful musical entertainment.

Since starting in 1994, the company has raised well over £55,000 for local and national charities. This year, the proceeds will be divided between Macmillan for Cancer Support, KRUF for Kidney Research and The Save the Children Fund.

Book now for a fittingly nautical experience in the Porthcawl Pavilion, Saturday, November 19 at 7.30pm.

Tickets £10 from the Pavilion Box Office, charities and members of the company.

Report by Dominique Spearey

Astronomy Corner – November night skies

Orion's Belt has long been the subject of discussion.

THE Leonid meteor shower will peak on the night of November 17 and early morning November 18, just three days after a full moon.

The Leonids are active every November and are so named because the point in the sky from which they seem to emerge is in the constellation Leo. They occur when the Earth passes through the debris left by the comet Temple-Tuttle, which orbits the sun every 33 years.

Observers can expect up to 20 meteors an hour at the peak of the Leonids meteor shower.

Orion (The Hunter), is the most easily recognisable of constellations and is prominent in November's Eastern sky and there is a fascinating hypothesis in which the central claim is that there is an intended correlation between the alignment of the three largest pyramids of the Giza complex and that of the three stars in Orion's Belt.

The ancient Egyptians associated the stars of Orion with Osiris, the god of rebirth and afterlife.

The obviously reddish star at the left shoulder of Orion is the Red Giant Betelgeuse – a star which is nearing the end of its life and is destined to explode as a supernova.

Betelgeuse is almost 1,000 times bigger than our own sun and is more than 500 light years distant from our solar system. When it finally explodes, however, it will appear as large as the moon in our night skies!

RHODRI EVANS

Valeways take a walk around Colwinston

A TOTAL of 16 walkers joined John at The Sycamore Tree in Colwinston for a Valeways walk.

They walked through the 'thankful village' (all the men returned after the First World War), passing a house called The Ramblers, to enter the grounds of the appropriately named Pwllywrach Manor (the witch's pool).

Walking through the avenue of magnificent old trees, they crossed the A48 at Pentre Meyrick.

A short walk led them to fields and an old abandoned lime quarry, through woods, past a small pond to the site of the Llangan lead mines, where the mine's old chimney stands, all on its own, a reminder of the Vale's only lead mine.

With superb views across to St Mary Hill with the Brecon Beacons behind, they crossed a small bridge to arrive at Treoes, where a sycamore tree was looking glorious in full autumn colour.

The next objective was Brocastle Farm where they recrossed the A48. Crossing a few more fields they arrived back in Colwinston where a short walk brought them by the school and back to The Sycamore Tree, where welcome food and drink awaited.

Many thanks to The Sycamore Tree for the use of the car park and their hospitality.

John Treby, Valeways walk leader

Two decades' service marked

THE Cardiff and University Health Board's Kathy Bennett has been thanked for her 20 years' service to health in Cardiff and the Vale.

Her long service was recognised by the health board, which provided Kathy with gift vouchers to mark the occasion.

Kathy, of Cowbridge, said: "I've been very lucky to work with lots of good people during my time in the NHS and I'd like to thank them all for making my time so enjoyable."

Kathy joined the NHS in Wales in 1996, working originally as a personal assistant in Cardiff Community Healthcare Trust during the closure of Ely Hospital. She went on to take on a number of roles before becoming senior communications officer and the digital lead for the communications and engagement team for Cardiff and Vale UHB.

Her gift was presented by her line-manager Chris Davies, the health board's head of communications.

He said: "She has been passionate about her work in developing *CAV You Heard?*, the UHB's weekly staff newsletter, and led the work to create a new look and structure for the health board website last year."

'Get ready for winter'

LOCAL residents have been urged by David Melding, AM for South Wales Central, to get ready for winter by taking advantage of free help and support with energy bills.

"It's really important to be prepared for winter.

"I want everyone to understand what help is available for them, and for their family and friends. Being energy efficient and keeping bills under control is really important, so I'd encourage people to get in touch with their energy supplier to find out what support is on offer," he said.

"There are a number of simple steps that every constituent should take to make sure they're doing all they can to keep their bills down and their home warm."

Sarwjit Sambhi, Managing Director of UK Home at British Gas, said: "Winter can be a challenging time for households and many people may be concerned about their winter energy bill. Help is available and we urge customers to get in touch so we can offer them advice and support.

"In the long term, energy efficiency is still the best way to save money on bills. British Gas is proud to be leading the roll-out of smart meters across Britain, which enable you to see how much energy you're using in pounds and pence and identify where savings can be made."

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SÊR EIRY

Mae'r Haul bellach yn arwydd Scorpio, a bydd yn symud i arwydd Sagittarius ar Dachwedd 22ain.

ARIES: 'Dyw gweiddi a strancio ddim yn mynd i ddatrys unrhyw broblem yn eich bywyd, a dweud y gwir mae hynny'n sicr o wneud pethau'n waeth! Cymrwch anadl ddofn, cyfrwch i ugain a dechreuwch drafod yn gall gyda'ch cymar neu ffrind agos - a falle daw eto haul ar fryn. Mae ffrindiau yn mynd i fod yn gefn mawr i chi nawr.

TAURUS: 'Dyw hi ddim yn bosib symud ymlaen os ydych chi'n dal i rygnu am y gorffennol. Fe ddylech ganolbwyntio ar eich sefyllfa ariannol nawr, a datrys unrhyw broblemau yn eich perthynas agos a derbyn na fedrwch chi newid pob peth yn eich bywyd. Mae pethau'n argoeli'n dda yn y gwaith. Gwrandewch ar gyngor hen ffrind.

GEMINI: Mae safle'r planedau ar hyn o bryd yn golygu fod 'na benllanw ar fin digwydd yn eich bywyd, a bod rhyw adran bwysig ohono yn dirwyn i ben; ond na phoenwch, wrth fod un drws yn cau mae un arall yn siwr o agor gan gynnig rhywbeth newydd cyffrous yn llawn addewid i chi.

CANCER: Mae'r planedau yn mynd i gael tipyn o effaith ar eich gwaith yn ystod y cyfnod sydd i ddod. Os chwaraewch chi'ch cardiau yn iawn mae'n bosib iawn y cewch chi ddyrchafiad o ryw fath cyn bo hir. Ar y llaw arall mi fyddwch chi'n teimlo'n emosiynnol iawn ac yn pigo ar eich annwyliaid am y manion bach lleiaf.

LEO: Mae Neifion, planed breuddwydion ac ansicrwydd yn cael tipyn o effaith arnoch chi ar hyn o bryd. Fel rheol fe allwch chi ddibynnu ar eich meddwl chwim i'ch cael allan o drafferth pan fo problemau yn eich poeni, ond nid felly nawr rwy'n ofni. Mae eich meddwl wedi ei gymylu braidd, a mae'n bosib y byddwch chi'n barnu'n annoeth.

VIRGO: Os bu rhai problemau teuluol yn eich poeni'n ddiweddar mi fyddan nhw'n clirio erbyn dechrau Mis Tachwedd. Mae rhywbeth yn y gwaith sydd wedi cael ei ohirio am amryw resymau yn mynd i gael y golau gwyrdd o'r diwedd a mi fyddwch chi'n elwa'n ariannol o hynny. Rydych chi'n emosiynol iawn ar hyn o bryd - ymlaciwch!

LIBRA: Mae'r planedau yn cynnig cyfle i ddechrau pennod newydd cyffrous yn eich bywyd. Mae lwc gyda chi hefyd gan fod Iau planed lwc a thyfiant yn eich arwydd ar hyn o bryd. Ac er, falle fod pethau'n ymddangos yn dawel mae llawer yn mynd ymlaen o dan yr wyneb. Fe allai hwn fod yn un o'r cyfnodau pwysicaf yn y flwyddyn i chi.

SCORPIO: Mae hwn yn debygol o fod yn gyfnod lwcus iawn i chi. Bydd rhwystrau sy wedi'ch dal yn ôl yn ddiweddar yn diflannu. Mae'r pwyslais ar eich cartre ar hyn o bryd - falle eich bod yn meddwl symud ty, neu newid eich cartre presennol mewn rhyw ffordd. Mae hwn yn gyfnod rhamatus hefyd i ferched Scorpio.

SAGITTARIUS: Rydych chi wedi bod yn sgubo rhyw broblem emosiynnol o dan y carped ers yn llawer rhy hir. Bydd rhyw ddigwyddiad yn gynnar ym Mis Tachwedd yn eich gorfodi i wyneb pethau fel ag y maen nhw, ac yn eich gorfodi i wneud newidiadau. Ydych chi wedi bod yn cymryd rhywun agos yn ganiataol yn ddiweddar?

CAPRICORN: Anghofiwch eich poenau a'ch gofidiau - ewch allan i chwarae a mwynhau eich hunan. Rydych chi wedi bod yn llawer rhy ddifrifol ers yn llawer rhy hir. Nawr gyda'r Nadolig yn nesau mae'n bryd ysgafnhau, neu fydd gyda chi ddim ffrindiau ar ôl! Mae 'na swm o arian sylweddol ac annisgwyl ar ei ffordd i chi.

AQUARIUS: Gan fod y blaned breuddwydiol Neifion yn eich arwydd, rydych chi'n dueddol o fod yn gymysgfa eich meddwl. Ar y llaw arall mae hyn yn golygu bod gyda chi'r gallu i fod yn greadigol tu hwnt, sianelwch eich ynni felly i greu. Mae angen eich rhyddid arnoch chi nawr - peidiwch â gadael i ddim na neb eich carcharu.

PISCES: Mae'n bosib y daw arian i'ch côl yn gynnar ym Mis Tachwedd, trwy'r loteri, shares, eich bos neu falle bydd perthynas yn teimlo'n hael tuag atoch chi. Erbyn diwedd y mis bydd teithio ar y cardiau. Rydych chi'n gweld eisiau'r haul yn ofnadwy ar hyn o bryd, felly pam nad ewch i rywle poeth ac egsotig am hoe fach?

EIRY PALFREY

Cytundeb wedi'i lofnodi i hybu defnydd cymdeithasol o'r iaith Gymraeg ym Mro Morgannwg

Mae Cyngor Bro Morgannwg a Menter Bro Morgannwg wedi llofnodi cytundeb fframwaith newydd i ddatblygu gwasanaethau newydd i gryfhau'r iaith Gymraeg yng nghymunedau'r Fro

Sefydlwyd Menter Bro Morgannwg ym mis Ebrill 2013 gyda'r nod o hybu ac ehangu defnydd cymdeithasol o'r iaith Gymraeg ym Mro Morgannwg. Ers hynny, maent wedi bod yn gweithio'n agos gyda'r Cyngor i gynnig nifer o weithgareddau a digwyddiadau i greu mwy o gyfleoedd i breswylwyr y Fro ddefnyddio'r iaith y tu allan i'r gwaith a'r ysgol. Ymhlith y rhain mae gŵyl Gymreig a gynhelir yn Ynys y Barri, Gŵyl Fach y Fro, gwersi nofio i fabis a gweithgareddau hamdden eraill i bobl o bob oed.

Ers sefydlu Ysgol Gymraeg Bro Morgannwg yn 2000, mae cynnydd sylweddol yn y nifer o rieni sy'n dewis addysg cyfrwng Cymraeg ar gyfer eu plant. Yn ei dro, bydd hyn yn cynyddu nifer y siaradwyr Cymraeg ym Mro Morgannwg. Bwriad Menter Bro Morgannwg yw annog y plant hynny sydd mewn addysg cyfrwng Cymraeg, a'u rhieni, i ddefnyddio'r Gymraeg y tu allan i'r dosbarth mewn sefyllfaoedd cymdeithasol.

Mae'r cytundeb fframwaith hwn yn gydnabyddiaeth ffurfiol o'r gwaith partneriaeth sydd eisoes wedi digwydd rhwng Menter Bro Morgannwg a'r Cyngor i gynnig y gweithgareddau hyn ac ymrwymo i barhau i gydweithio i gynnig y cyfleoedd hyn yn y dyfodol. Yn ogystal, mae'n amlygu ymrwymiad y Cyngor i weithio gyda Llywodraeth Cymru i gyflawni nod eu strategaeth: Iaith fyw, iaith byw.

Dywedodd Siân Lewis, Prif Swyddog Menter Bro Morgannwg,

'Rydym yn falch iawn bod y Cyngor yn rhan o'r cytundeb hwn, sy'n gwarantu y byddwn yn gallu parhau i adeiladu ar y gwaith da sydd eisoes wedi'i wneud yma yn y Fro. Rydym newydd gynnal Gŵyl Fach y Fro am yr ail dro, a oedd yn llwyddiant ysgubol, ac rydym yn gobeithio parhau i weithio'n agos gyda'r Cyngor i gynnal digwyddiadau fel hyn ac i gyflawni ein nod fel sefydliad.'

Dywedodd Rob Thomas, Rheolwr Gyfarwyddwr Cyngor Bro Morgannwg: "Bydd y cytundeb hwn yn cryfhau'r bartneriaeth rhwng y Cyngor a Menter Bro Morgannwg. Fel sefydliad cyhoeddus yng Nghymru, mae'r Cyngor yn cydnabod yn llawn ei rôl o ran datblygu defnydd o'r iaith a'i gyfrifoldeb i gynnig amryw weithgareddau cymunedol cyfrwng Cymraeg i breswylwyr. Edrychaf ymlaen i adeiladu ar y bartneriaeth hon a mynd i'r afael â'n nod fel Cyngor i adeiladu cymunedau cryf gyda dyfodol disglair."

COLLED CALAN GAEA'

Pry Cop. Chwarae Mig. Losin. Bwganod. Gwisgo fyny. Fe ddaeth yr arswyd yn gynnar i gymuned Aberfan hanner canrif yn ol.

Ar Hydref y 21ain eleni aeth Gymru'n dawel i gofio ein trychineb glofaol fwyaf erchyll pan lyncodd tomen o lo Ysgol Pantglas gan ddiffodd bywydau 116 o blant a 28 oedolyn. Oedd, mi oedd hi'n ddiwrnod tywyll iawn.

Mae creithiau'r diwrnod hwnnw'n parhau i fowldio teimladau a dylanwadu ar fywydautrigolion Aberfan, wrth iddynt ddal i geisio dygymod a'u colled. Pe bai'r glo wedi llithro funudau'n gynt, byddai'r plant heb gyrraedd yr ysgol. Neu oriau'n ddiweddarach, a byddent adre'n mwynhau eu te ac yn paratoi at wyliau'r hanner tymor. Amseru ac anffawd oedd meistri eu tynged felly.

Mae'r golled ar galar yn rhan o hanes pob Cymro a Chymraes. O'm ran i, rwyf yn aml yn teithio drwy gymoedd Merthyr ar Sadyrnau I ddyfarnu gem rygbi, ac yn gwirioni ar gynhesrwydd a chlosni'r cymunedau. Cymuned felly oedd Aberfan.

Fe deithiodd fy Nhadcu i Aberfan y penwythnos hwnnw ar fws o Glwb Rygbi'r Barri. A dyna sylweddoli'n syth y galar a deimlodd y genedl wrth i nifer fawr o dimau rygbi tebyg ledled y De a thu hwnt i Glawdd Offa heidio yno i gloddio ac i gysuro'r rhai a gollodd eu hanwyliaid. Er i fy nhadcu a sawl un arall, frwydro yn yr Ail Ryfel Byd, dyma oedd y profiad mwyaf erchyll iddyn nhw wynebu.

Wrth ddyfarnu'r penwythnos yna fe chwythais y chwiban i ddynodi munud o dawelwch cyn y gem. Chwythu'r chwiban fel chwiban Aberfan – y chwiban hwnnw'n ymbil am dawelwch I glywed cri y plant. Ar gae clwb rygbi'r Pil oeddwn i, ac yn torri'r llonyddwch roedd chwerthin plant a thrydar adar. Hanner canrif yn ddiweddarach, mae cymunedau rygbi yn profi, unwaith yn rhagor, eu bod yn uno mewn parch ar gyfnodau anodd.

Yn wir, fydd Calan Gaea' eleni'n crafu ar feddylie cymunedau De Cymru wrth glywed lleisiau plant yn gweiddi 'trick or treat' neu wrth iddynt ddianc i fyd dychymygol o wrachod a bwganod.

JACOB DAFYDD ELLIS
@JacobDEllis

Mynd am Dro i Fro... OGWR!

gyda Dailingual

Gyda dyfodiad Eisteddfod yr Urdd i Benybont-ar-Ogwr a Thaf Elai yn 2017, a gan ein bod ni wedi mynd am ambell dro cyn belled â'r Fenni dros yr haf, teimlaf y bod hi'n gyfle gwych i ymweld gyda'n cymdogion i'r Gorllewin cyn diwedd y flwyddyn.

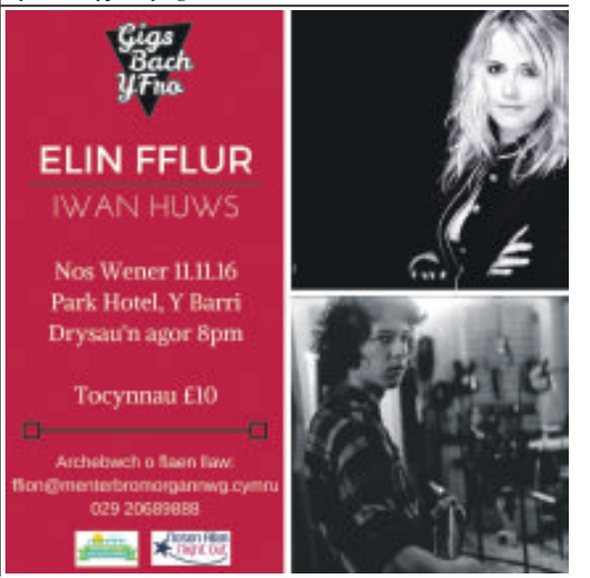
Felly, beth am Borthcawl i ddechrau? Dydi Porth-y-Cawl ddim o reidrwydd yn ymwneud gyda chawl. Yn ôl yr ysgolhaig o Bont Trystan ab Ifan, ceir y cawl sydd ym Mhorthcawl yng nghawl dim ond o fath arbennig iawn: sef 'cauliflower soup' : neu gawl 'coliflŵar' yn ôl Cysill! Ie, mae'n debyg mai'r un tarddiad sydd gan y ddau air. Dydw i ddim o reidrwydd yn argymell Gwgl-io 'caul' oni bai eich bod chi am wybod mwy am enedigaeth babanod, ond ta waeth am hynny. Ceir yr un sain yn y gair Saesneg 'cauldron' wrth gwrs, sydd yn ddigon tebyg ei sain i gawl crwn, er mae'n debyg taw o'r gair Cymraeg (digon anghyffredin erbyn hyn) 'callor' y daw 'cauldron' – wastad yn bleser dod o hyd i eiriau Saesneg sydd ag iddynt wreiddiau Cymraeg serch 'ny!

Dathlwyd canmlwyddiant Tabernacl Porthcawl ym mis Medi eleni ym Mhorthcawl, a gwerth nodi mai'r angen am fan addoli newydd i'r iaith oedd diben y Tabernacl o'r cychwyn cyntaf, fel mae'r papur bro leol Yr Hogwr yndatgan yn ei rifyn diweddar arbennig o gofnod gwreiddiol o'r cyfnod: "Pasiwyd yn unfrydol bod achos Cymraeg yn cael ei gychwyn ym Mhorthcawl", a hyn wedi ymwelwyr yr haf i Borthcawl (o ba fro tybed?) wedi cwyno nad oedd yna wasanaeth iaith Gymraeg ar gael yn y dref tua diwedd y Rhyfel Byd Cyntaf. Fe ddaeth yr eglwys newydd i sylw neb llai na Michael D Jones wedi'r Ail Ryfel Byd pan agorwyd adeilad i weddu uchelgais y gymuned, a anfonodd cyfarchion "wlatgar" iddynt ar gefn ffotograff o'r cyfnod a ddaeth i sylw'r tîm a oedd yn adnewyddu'r adeilad yn ddiweddar. Ar drothwy blwyddyn ymweliad Eisteddfod yr Urdd, peth da yw cofio bod cymuned ein cymdogion ym Mro Ogwr wedi dod at ei gilydd dros yr iaith erioed yn eu hanes.

Pe bai eich grŵp cymunedol Cymraeg chi angen cymorth neu gyngor ynglŷn â dechrau neu hybu prosiect yn ymwneud â'r iaith Gymraeg, mae Cynghrair Cymunedau Cymraeg yn edrych am grwpiau cymunedol i gefnogi gyda'u prosiect newydd "Un Wlad, Dwy iaith" sydd wedi ei ariannu gan Gronfa Loteri Cymru trwy Arian i Bawb. Dewch i gyswllt!david@cymunedau.org David Wyn, Cynghrair Cymunedau Cymraeg, 16 Lewis Rd, Llandochau Fach, Penarth, Bro Morgannwg.

CYMRODORION Y BARRI

Nos Fawrth Tachwedd 15fed – Festri'r Tabernacl, Sgwâr y Brenin y Barri am 7.15pm. Dr Glenda Jones yn trafod 'Y Siwrne Greadigol'. Croeso cynnes i bawb.
Cyswllt: eirypalfrey@gmail.com



TEITHIAU CERDDED CYMRAEG GYDA VALEWAYS

Ydych chi'n joio cerdded? Ydych chi'n dysgu Cymraeg neu yn siarad Cymraeg yn rhugl efallai? Mae cerdded yn ffordd wych i gymdeithasu, gwneud ffrindiau newydd a chael hwyl wrth gadw'n heini!

Dydd Mercher 23 Tachwedd 'Afon Elai a Bae Caerdydd' (Taith ddilyniant), 10:00yb Gorsaf Rheilffordd Cogan CF64 2NS

Dydd Sul Tachwedd 27 'Santa a'i geirw' Taith (Taith estynedig), 2:00yp Eglwys Sant Ioan Fedyddiwr, Llanfleithan CF71 7AS

Cofiwch wisgo esgidiau trymion a dillad addas. Dewch am dro a hybu'r Gymraeg yn y Fro. Croeso cynnes i bawb!

Am fwy o wybodaeth ewch i www.valeways.org.uk neu cysylltwch â Ruth 07800969157

On and Off The Turf with Brian Lee

ABERTHIN'S Tim Vaughan saddled another winner last week when his Wistari Rocks ran out a six lengths winner of the handicap hurdle race at Uttoxeter last Friday under Alan Johns.

Twelve runners went to post and seven-year-old Wistari Rocks was returned the 7-4 favourite.

FLINT'S HUNTINGDON WIN

Vale trainer John Flint saw his six-year-old Moss Street land the opening 32Red Casino Claiming Hurdle at Huntingdon on Sunday.

Partnered by his son Rhys, the consistent Moss Street, who was made the 11-4 favourite, romped home 11 lengths clear of My Brother Sylvest bred by Mr Flint's friend David Brace OBE of the Dunraven Stud, Bridgend.

Aberthin's Tim Vaughan's Lake Chapala was strongly fancied to make it a double for Vale trainers when lining up for the Macer Gifford Handicap Chase later in the day only to refuse at the start.

One man who has done more than most for Welsh hunt-racing is David Brace OBE of the Dunraven Stud, Pyle near Bridgend.

David, sponsor of the prestigious Dunraven Bowl run at Chepstow Racecourse, and a number of other races besides, has owned and trained many winners under rules and between-the-flags and two of his horses are featured in my recently published book, Racing Rogues: The Scams, Scandals and Gambles of Horse Racing in Wales (published by St David's Press at £14.99).

In the chapter Gambling Coups, David's two horses featured are Margam Abbey, which he also bred, and which won at the Silverton Point-To-Point in 2008 and the oddly named Tegucigalpa a winner of a hunter chase at Taunton that same year.

However, the gambles on these horses were nothing like the one landed by another horse trained in the Vale called Dead Or Alive which was ridden by Dean Coleman and saddled by Abbi Vaughan, wife of Aberthin National Hunt trainer Tim Vaughan.

Dead Or Alive, a horse I had tipped as one to follow in the Racing Post Weekender some months earlier, romped home at the Flint & Denbigh Point-To-Point in 2009 after being backed off the boards.

Another big gamble which involved a horse from the Vale was that of Delyth Thomas' Am I Blue, which won at Hereford races in 2010 and of which one reporter wrote: "There was outrage in some quarters and amusement in others."

Going back in time, another story, The Oyster Maid Affair, is about a great gambling coup engineered at Tenby in 1927 which nearly put paid to horse racing in Wales and was said by the Queen Mother's jockey, Dick Francis, to have been 'the most bitterly resented betting coup National Hunt racing has ever known'.

Then there is the story of the elaborate switching of horses and the cutting of the telegraph wires at Bath races in 1953 which saw Cardiff bookmaker Gomer Charles jailed for two years for fraud after his syndicate placed £100k worth of bets on a 'ringer' that won at 20-1.

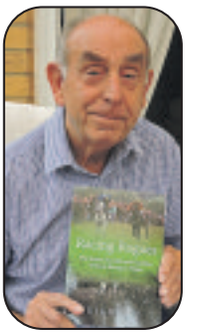
The chapter on The Scandals includes a story of another one of David Brace's horses, Gunner Boon, who it seems everyone on the course thought had won the first division of the maiden race at the Tivyside Hunt races by half-a-length apart from the judge, who ruled that Peter Bowen's Dusty Trail had won by a head!

Then there is the story of how a dab of Vick on the nose of a horse which won at the Llangeinor Hunt Steeplechases at St Mary Hill in 1989 resulted in the owner/trainer being fined £100 and also losing the race.

The book is illustrated throughout and there is also a chapter on the flapping (unlicensed) meetings that used to be held in the Vale and other parts of Wales.

Welsh racing's most notorious crooks, loveable rogues and infamous scams can be found in this little book of mine.

You can e-mail your racing news or views to brianlee4@virginmedia.com or phone



The Vale of Glamorgan Football League round-up

SUPER Saturday lived up to the billing with goals, surprises and drama in equal measure.

We start in the Premier Division as each fixture saw opposition in close proximity in the league table.

Vale United continued on with their perfect start to the season as they emphatically defeated second place Penarth Town 5-1. The result sends Town down to fourth to highlight the competitiveness of the division.

St Athan leapfrogged Penarth into second as they edged out Barry Athletic 3-2 and Cowbridge Town went third after a 10 goal thriller, winning 6-4 against Island Marine.

Rhoose made in it three wins on the bounce in all competitions with a 4-0 win over Dinas Powys Athletic and Tynewydd won the battle of the bottom two, 3-1 over Masons Moving Group to move up a place to eighth.

In Division One the top six collided and we have new league leaders. FC Pumas went top after a hard fought 2-1 over much-fancied Barry Belgrade, who drop to third after Barry Athletic B saw off fourth place SP Billy 3-1.

Cadoxton Athletic swapped places with Cogan to go fifth as they won a cracker, 4-3.

Sully Sports routed hapless bottom side Glenbrook, while Cadoxton Barry finally recorded their first league win of the season, 5-2 against Cardiff Airport.

In Division Two BV were second after last week but only temporarily as Barry Saints reclaimed it in style as they bashed BV 9-1.

Cadoxton Imps made it a perfect 10 as they thumped bottom side FC Pumas B 7-0. Penarth Town B closed the gap on third place to a point as they won 4-1 over Barry Albion. Finally, St Athan B won their first in four as they edged out Island Marine 2-1.

This week it's the Barry Cup quarter-finals and tie of the round is between the top two in the Premier League as St Athan host the undefeated Vale United.

Finally, Louie Coffey after 36 as attendant at Barry Sports Centre has taken retirement.

On behalf of everyone in the league may we thank him for many years of service to parks football and wish Louie a happy retirement - Barry Sports Centre won't be the same without him. **HD**

Short journey for under-11s

COWBRIDGE under-11s had the short journey to play Bridgend Athletic.

The matches are always fiercely competitive and the games didn't disappoint.

With the Ath only having one team, Cowbridge rotated the squad between the Bears and the development team, the Tigers, to provide playing time for all the players over three 20-minute match-ups.

First up were the Bears who started strongly. Early pressure from Cowbridge saw Harry New capitalise with an interception and try.

The Bears' momentum continued, with the ball worked free for Osian Bruce to convert one of his classic dummy runs, quickly followed by another turnover and run-in from Harry New.

The Ath returned one of their own and with the first period finishing strongly for the Bears, a well-worked move along the back line freed up Will Brennan to sprint away for a try in the corner to make it 4-1 to the Bears.

The Tigers took to the field for the second game that saw a smarting Athletic outfit looking to turn the game in their favour.

They immediately applied pressure from the kick-off with a try and then ran out too strong for the Tigers unit, notching up another eight tries to take the score to 4-10 to the Ath at the whistle.

Cowbridge started the third period with the Bears and managed to pull back three tries with Ned Rees, Harry New and Josh Canning converting.

A late try for the Aths saw the final tally stand at 7-11 to the hosts but with Cowbridge having run out two teams against them, providing as much rugby as possible throughout the squad.

Good luck to the Tigers this week who will represent the under-11s at the St Peters Festival. **DH**

Les claims the first trophy in pool league

WITH the new Vale of Glamorgan pool league in its infancy, the first trophy goes to Les Ashton of the Borough Arms.

Les broke off potting a ball, then continued potting his spots and then cooly potted a difficult black, much to the bemusement of his opponent, Ian Roberts, who could only look on and admire his cue-wielding foe.

The Borough now proudly own the first silverware of the season to add to their trophy cabinet; however, the Billy United were to have the last laugh winning the game 7-3, with Gary Roberts their stand-out player and captain Ceri Morris taking all plaudits.

Across town at O'Briens it was Sian Kedward taking all the applause, winning all three of her games.

Firstly brushing aside Leah, she later beat Kirsty and finally teamed up with Ian Hill in the doubles to complete a clean sweep for both players.

The 9-1 scoreline certainly flattered the Witchill who now lead the league.

At Bar Cocoa it was business as usual for Cocopops captain Graham Avaient, leading his team to a 8-2 win, saying it was a great night with a very good team performance and the whole team making match-winning decisions at Finnegans.

The Island team's stand-out players were Andre Senior in the singles followed by Jamie Crole and Joseph Ashenhurst in the doubles.

Thanks to everyone who bought raffle tickets, the lovely Les winning the Craig Noone signed boots.

The wine went to Paul Leismeyer and Tony Payne, with the chocolates going to Charles Evans.

The tie of the week has to be the Witchill at home to Billy United.

We are still looking for new players of all abilities, so if interested please text Joe on 07870 498738 or email valeofglamorganpoolleague@gmail.com. **JB**

Dodgeball tourney comes to Llantwit

THERE will be a dodgeball tournament at Llantwit Major Leisure Centre on Friday, November 18.

After the tournament there will be a live band, The Longshots, and there will also be food available and a bar all night.

A spokesman said: "It's a simple and fun game, teams will be made up of 6 – 10 players, £30 per team entry. If you require an entry form or further information, visit either Llantwit Major or Cowbridge Leisure centres.

"There will be prizes for the winners and best dressed teams. The tournament begins at 7pm, spectators are welcome for a small fee on the door.

"All profits will go to Bloodwise Wales who deal with the care, treatment and research of all blood cancers."

THE VALE OF GLAMORGAN COUNCIL
CYNGOR BRO MORGANNWG

Planning (Listed Buildings and Conservation Areas) Act, 1990
Town and Country Planning (Development Management Procedure) (Wales) Order 2012

Development that may affect a Conservation Area/ Datblygu a allai effeithio ar Ardal Gadwraeth

Application No:/ Rhif y cais: 2016/01172/FUL
Proposal:/Cynnig: New two storey side extension and various associated internal renovation works
Location:/Lleoliad: 3, Norman Cottages, Michaelston Le Pit Road, Michaelston Le Pit
Conservation Area:/ Ardal Gadwraeth Michaelston-le-Pit

Application No:/ Rhif y cais: 2016/01181/FUL
Proposal:/Cynnig: Change of use of first floor from flat into 2 no. Bed and Breakfast accommodation rooms. Removal of 1 and insertion of 2 no. rooflights. External access stair relocated
Location:/Lleoliad: Hare and Hounds Inn, Maendy Road, Aberthin
Conservation Area:/ Ardal Gadwraeth Aberthin

Application No:/ Rhif y cais: 2016/01193/FUL
Proposal:/Cynnig: Extension to existing dwelling
Location:/Lleoliad: Plaisted House, Llanmaes
Conservation Area:/ Ardal Gadwraeth Llanmaes

Application No:/ Rhif y cais: 2016/01201/FUL
Proposal:/Cynnig: Rear link extension from the main house to the existing garage
Location:/Lleoliad: 10, The Limes, Cowbridge
Conservation Area:/ Ardal Gadwraeth Cowbridge

Listed Building Consent/ Caniatâd Adeilad Rhestredig

Application No:/ Rhif y cais: 2016/01133/LBC
Proposal:/Cynnig: Renewing existing defective timber entrance doors with new timber doors and frames to match existing
Location:/Lleoliad: 1-6, Church Row, Pendoylan
Listed Building:/ Adeilad Rhestredig Grade II

Application No:/ Rhif y cais: 2016/01190/LBC
Proposal:/Cynnig: Take down 2 no. chimneys, insert lead trays, rebuild as existing with reclaimed bricks/furnes Tudor blacks, fit new ridge tiles
Location:/Lleoliad: Llwyn Celyn, 77, High Street, Cowbridge
Listed Building:/ Adeilad Rhestredig Grade II

May affect a Public Right of Way/ Gall effeithio ar Hawl Tramwy Cyhoeddus

Application No:/ Rhif y cais: 2016/01236/OUT
Proposal:/Cynnig: Erection of two dwellings including access and parking
Location:/Lleoliad: Land rear of 6, Salmons Wood, Graig Penllyn

Departure from Development Plan/ Gwyro o'r Cynllun Datblygu

Application No:/ Rhif y cais: 2016/01236/OUT
Proposal:/Cynnig: Erection of two dwellings including access and parking
Location:/Lleoliad: Land rear of 6, Salmons Wood, Graig Penllyn

Details may be inspected for 21 days at the address given below, or via **http://vogonline.planning-register.co.uk/**

Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir isod, neu drwy **http://vogonline.planning-register.co.uk/**

Dated / Dyddiedig: 3 November, 2016

V. L. Robinson
Operational Manager,
Regeneration and Planning,
Vale of Glamorgan Council,
Dock Office, Barry. CF63 4RT

Comeback sees Saints bag the win

SAINTS fought back from two goals down to take all three points in this game against Barry Athletic. Jordan Mortimore and then Josh Morgan bagged a brace to win it in a tremendous game.

Saints welcomed back Reece Lewis and Nicky Cox from suspension, the former going straight back into the starting line-up with Karl Steel carrying a knock.

The home side came into the game on a good run of results having won seven out of their eight games this season. Athletic, however, travelled to the village with only one win in their last five league games.

Saints started brightly and opened with some sublime link up play between Leigh Lewis and Josh Morgan. Lewis seeing a right foot effort wide, then Jordan Mortimore fired over a free kick.

Despite the good start from the home side, it was Athletic who took the lead just before the quarter hour mark. A free kick just a few yards into the home half was whipped in at pace, eluding all in the box and bouncing wickedly straight into the net.

Saints were shaken and were nearly two down as a deflected pass fell perfectly to the Barry striker but Deon Garrison was able to pull off a good save to deny him.

Athletic looked confident now and soon doubled their lead. A corner whipped in was not cleared well enough and the second ball into the area was smashed into the net from eight yards.

St Athan were stunned but had to compose themselves quickly and looked to settle back to the football they had played merely 15 minutes prior.

Saints found their lifeline as they pulled a goal back on 25 minutes. Reece Lewis' crossfield pass found brother Leigh expertly, who in turn centred for his strike partner Morgan to side foot in. St Athan were back in it.

Buoyed, St Athan searched for the leveller and Leigh Lewis almost had it but for the width of the bar, as the 28-year-old steadied himself but saw his vicious strike cannon back off the underside of the bar.

Minutes later Saints won a corner, Reece Lewis whipped it in. The Athletic half-cleared, Morgan picked up the ball and popped it through to Mortimore who had stayed up after the corner. The skipper left the defender for dead on the right of the area and unleashed a stinging strike from an acute angle to the near post that the keeper couldn't keep out due to the sheer velocity of the strike and the home side equalised.

The game ebbed and flowed, Morgan saw a chance wide and the away side had a penalty appeal turned down. But just before the half-time whistle the comeback was complete.

Reece Lewis lifted the ball on the half-volley exquisitely into the path of Morgan, the away defender unable to live with the youngsters pace, and Morgan raced away to finish with aplomb for his 10th of the campaign.

A fine half that saw five goals and superb comeback by the home side. The second period started well with Joe Laing seeing his long range effort well held by the away keeper.

Athletic now were the ones searching for an equaliser. Saints defence of Drysdale, Mortimore, Humphreys and Young were as solid as ever, and the one time there was a kink the Athletic strike was blocked by their own player inadvertently, although thankfully for the home team.

The game began to bubble under the surface as the away side began to become frustrated with their endeavours.

Saints were keen to put some breathing space between themselves and their guests, and when Leigh Lewis danced his way past a seemingly endless array of defenders in the area, he was denied by the extremely tight angle he mustered for himself.

Morgan and Lewis saw efforts off target as St Athan tried to kill the game off. But the home side required their keeper to be in top form as Garrison tipped over a dipping free kick from Athletic.

The simmering tension between the sides often threatened to boil over but the referee managed to keep the reigns on both teams.

St Athan saw out the victory, a win that sees them go into second place in the league, six points behind the leaders with a game in hand.

St Athan: Garrison, Drysdale, Young, Mortimore, Humphreys, Ashton, Laing, Austin, R.Lewis, L.Lewis, Morgan. Substitutes: Steel, Cox, Ball.

ISLAND MARINE B 1, ST ATHAN B 2

Saints' seconds ground out a fine victory, their first in four games.

The side produced an excellent team performance coming back from a goal down with Craig Howells equalising with a fantastic goal.

Then in the final minute, Shane Campbell popped up to win it for the away team. Saints still needed Jamie Butcher to perform a last-ditch goalline clearance at the death but Saints hung on for the points.

St Athan B: McDonald, Richards, J.Howells, Butcher, Cleave, Pickering, Campbell, George, Pugh, Rogers, C.Howells. Substitutes: Burgess, Watson, Colwill, Stock, Wolfe.

We'd like to thank those who came out to support us and our sponsors, Owens Motor Services, Llandow, Diving & Marine Engineering, Green Future Landscaping, Llantwit Valet & Car Wash and The Four Bells in St Athan.

HD

Tim lands Chepstow winner!

TIM Vaughan's six-year-old bay gelding LooksNowLikeBrian was the easiest winner of the day at Chepstow last Tuesday.

Partnered by champion jockey Richard Johnson, LooksNowLikeBrian, who was made the 5-4 favourite in a field of 12 runners, came home 14 lengths ahead of Dropzone in the Truck And Bus Wales Handicap Hurdle and was the third leg of a hat-trick for Johnson, who is going all out to retain his championship title.

A winner at Fontwell the previous week, LooksNowLikeBrian is by Brian Boru and Sheebadiva.

BRIAN LEE

LLANTWIT MAJOR & DISTRICT DARTS LEAGUE ROUND-UP

The LMDDL winter league season entered its seventh week with the highlights being:

Steve Williams 180, Mike Gray 180 and a 21 dart leg; Dai Randall 20 dart leg, Iain Austin 20 dart leg, Simon Reader and Steve Jones 18 dart pairs leg and Steve Davie 17 dart leg.

The Lamb & Flag 'C1' (Jeff, Steve, Will), Kings Head 'A1' 2 (Dave, Simon, Ray), Rugby Club 'A2' (Gary, Keiran, John) and Kings Head 'A1' 3 (Beaver, Dai, Mike) all progressed through to the semi-finals of the Gents Threes which will be played on March 23.

Monday 'C' League table: Lamb and Flag 'C1' 62 points, Shoes St Athan 43, Boverton Castle 42, Lamb and Flag 'C2' 41, Wenvoe Arms 41, Tudor Tavern 'C2' 39, Rugby Club 38, Kings Head 'C2' 37, Kings Head 'C1' 25, Tudor Tavern 'C1' 17.

Tuesday 'A' League table: Kings Head 1 70 points, Wenvoe Arms 62, Fox and Hounds 49, Rugby Club 2 49, Shoes St Athan 48, Golden Cups 40, Rugby Club 1 34, Four Bells 32, Shoes Peterston 30, Blacksmiths Arms 30, Lamb and Flag 28, Kings Head 2 24, Tudor Tavern 22, Rugby Club 3 21.

DMC

Old Hall Bridge Club results

RESULTS for our club night on Wednesday, October 26:

1st Allan Lewis & John Raymond 62.32%, 2nd Penny Jarvis & Helen Barrie 54.35%, 3rd Barbara Exton & Ealeanor Jones 53.62%.

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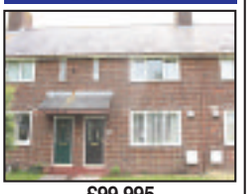
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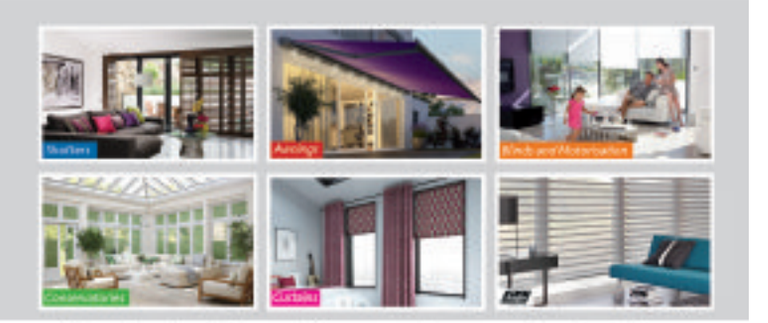

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Family Notices

JONES
Malinda Ivy (Linda)
(formerly Bradbury)

Peacefully on October 25 at Llandough Hospital, Linda, much loved wife, mother, grandmother and great grandmother.

Will be sadly missed by all family and friends.

Funeral service Coychurch Crematorium on Monday, November 7 at 1.15pm. Family flowers only, donations in lieu may be given to Alzheimer's Research UK, Suite 1, Ground Floor, North Court, David Street, Bridgend Industrial Estate, Bridgend, CF31 3TP.

PAYNE
Daisy

Peacefully at home with her family, Daisy, much loved mother, grandmother and great grandmother. Sadly missed by Denis. Sadly missed by all family and friends.

Funeral services at Coychurch Crematorium on Friday, November 11 at 2.15pm.

Family flowers only, donations in lieu of flowers to either Ty Hafan Children's Hospice, Hayes Road, Sully, CF64 5XX or Marie Curie Hospice, Bridgeman Road, Penarth, CF64 3YR.

CLEMENTS
Olive Irene
S.R.N., S.C.M., B.T.A.

Peacefully on October 20 at Llandough Hospital, Olive of Barry, formerly of St. Athan. Dear wife of Stanley, mother of Lucy and Katie and grandmother of Ben and Ellie.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Monday, November 7, service and cremation 12 noon at Cardiff and Glamorgan Crematorium, Barry, No flowers by request, donations in lieu, if desired, to MacMillan Nurses, c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan, CF62 3DZ.

MAYHEW
Kevin John

Died peacefully, aged 61, at The Royal Marsden Hospital, Surrey, on October 19 following a short but brave battle with cancer. Devoted husband of Deanne, much loved son of Ginny, he was a dad, grampy, brother, brother-in-law and son-in-law.

He is dearly loved and will be sadly missed by all his family and friends.

Resting in the private chapel of The Vale Funeral Home, 181 Court Road, Barry until his funeral service at Cardiff & Glamorgan Crematorium on Friday, November 11 at 2pm. Family flowers only, charitable donations in Kevin's memory may be made to the Royal Marsden Charity via Kevin's online tribute page at www.valefuneralservice.co.uk

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5 November 2012

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GEORGE
Edna Mary

(Previously of Marcross and Crawshay Court, Llantwit Major)

Peacefully at Morgana Court Nursing Home on October 23 with her family. Edna, loving mother, grandmother and great grandmother.

She will be sadly missed by all family and friends.

Funeral service at Holy Trinity Church, Marcross on Wednesday, November 9 at 1pm, followed by interment. Flowers may be sent to J.R & M.F. David, Ewenny Road, St Brides Major, CF32 0SB.

BROWN
Larry

After a short illness fought with great courage and dignity, Larry sadly left us on October 25. Devoted husband to Cheryl, much loved brother of Marion, Netta, Jeff, Robert, Steve, Terry and James.

Larry will be greatly missed by all his family and many friends.

Resting at the Vale Funeral Service, 181 Court Road, Barry until a celebration of his life at Bethel Baptist Church, Harbour Road, Barry on Thursday, November 10 at 1.30pm, followed by cremation at Cardiff & Glamorgan Crematorium.

Family flowers only. Donations, if desired, may be made at the service or sent direct to The Donkey Sanctuary, Slade House Farm, Sidmouth, Devon, EX10 0NU. Funeral arrangements entrusted to Lyndsay Ellis 01446 407962

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OLDING
Trefor Robert

Peacefully after a short illness at Llandough Hospital on October 26, Trefor, aged 76 years. Beloved husband of Christine, much loved dad of Gary and Nicola, father-in-law to Sian and Neil, cherished gramps to Lyndon, Nathan, Emily, Kurtis and Erin.

Trefor will be sadly missed by all his family and friends.

Resting at A.G. Adams & Son until the funeral service in the Chapel of Rest on Tuesday, November 8 at 2pm followed by committal at Cardiff & Glamorgan Crematorium. Family flowers only, donations in lieu, if so desired, for Cancer Research Cymru c/o the funeral director.

DAVIES
Glenys Elizabeth Grace

Suddenly on October 25, aged 87, at the Princess of Wales Hospital. Beloved wife of Eric and much loved mother of Nigel and Wyn. Cherished mamgu of William, Jonathan and Angharad.

Glenys will be sadly missed by all her family and friends.

Funeral service on Thursday, November 10 at Holy Cross Church, Cowbridge at 2pm, followed by private family cremation at Coychurch Crematorium. No flowers by request. Donations in lieu, if so desired, to Ty Hafan Children's Hospice, Hayes Road, Sully, CF64 5XX.

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MEREDITH
John Charles

Suddenly on October 18 at Princess of Wales Hospital, Bridgend, John of Llantwit Major. Beloved husband of Leslie, dearly loved father of Anna and Peter, stepfather of Ian and Susan, Colin and Emma, much loved Dana of Maddie, Sophie, Mason, Cerys, Elin, Aneirin and Ioan, respected uncle of Mark.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Tuesday, November 8, service 10.30am at St. Illtuds Church, Llantwit Major, followed by cremation at Coychurch Crematorium, Bridgend at 12 noon. No flowers by request, donations in lieu, if desired, to Velindre Cancer Centre c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan, CF62 3DZ.

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WILLIAMS
Valerie
(Dog Hill Farm)

Val peacefully passed away after a long illness on 26th October 2016. Devoted wife of the late David, beloved mother of Huw and John, loving grandmother of Charlotte, sister to Brian, Diane, Philip and Margaret.

Val will be sadly missed by all family and friends.

The funeral service will be held on Wednesday, 9th November at Cardiff & Glamorgan Memorial Park & Crematorium at 1pm. Family flowers only. Donations in lieu, if desired, would be appreciated to Alzheimer's U.K.

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Acknowledgements

DAVIES
Tom
(Tudor Garage)

Gavin, Valmai, Michael and Leighton would like to thank all family and friends of Ystradowen for their kind words, cards and attendance at Dad's funeral, and donations to Y Bwthyn Newydd.

Thanks also to Thomas Brothers Funeral Directors and Minister Heather Weddell. Also, thank you to the Sam Davies Ward, Barry Hospital and College Fields Nursing Home for the care given to Dad during his last months, where his sparking eyes closed forever.

BOWLES
Graham

The family wish to thank everyone who attended the funeral, expressed messages of sympathy and gave donations to the Alzheimer's Society.

Thanks also to Canon Patrick O'Gorman for officiating and to the staff at A.G. Adams and Parkside Care home. Special thanks to the staff at the Waverley Care Centre for their excellent care and compassion.

GEORGE
Robert William

The family would like to thank everyone who attended Bob's funeral and donated to the Alzheimer's Disease Society.

Also, thank you to Springbank Nursing Home for the care provided, together with W James & Sons Funeral Directors, Fonmon and Canon David Brunning for the services provided.

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Birthday

HAPPY 50th BIRTHDAY

Andrea Solomon

on 5th November

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Iwan wrestles with success!

IWAN BAKER is celebrating his selection to represent Wales at the Commonwealth Senior Wrestling Championship in Singapore on November 5/6.

Iwan will compete in the 61kg freestyle category alongside athletes fresh from the Rio Olympics from countries such as Canada, India, Nigeria and Australia.

At 18 years of age, Iwan is the youngest of the Welsh contingent. What is even more remarkable is that Iwan has had to fight back from not one but two serious injuries.

2016 started with Iwan in a sling after dislocating his elbow in training, he returned to competition winning the Slough Open in April only to fracture a collar bone whilst competing in the English Open in May.

This meant another period of rehab and intensive strength and conditioning in order to prove his fitness for selection for the Commonwealth senior tournament.

Gold at the recent Derbyshire Open secured Iwan's place and he has been training with the rest of the squad in Cardiff and London prior to their departure to Singapore.

Iwan Baker.

Iwan, from Rhoose, who completed his A-Levels in June, will start a mathematics degree course at Cardiff University in 2017.

He is currently on a gap year working hard to improve his ranking and enhance his prospect of selection for the Commonwealth Games in the Gold Coast in April 2018.

Iwan is a self-funded athlete competing against full time professionals. He would like to thank the Fontygary Inn for their support and would welcome any interest if anyone is able to offer support or sponsorship to Iwan or the Welsh team in the lead-up to the Commonwealth Games. *For more information please contact 07969 463932.*

RB

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PORTHCAWL RFC JUNIOR ROUND-UP

PORTHCAWL RFC under-10s played a very strong Valley Ravens side who showed us how to pass the ball wide into space, but also how to hit the rucks hard and win the turnovers.

The Ravens did these basics well today and it showed. On the positive, not once did any of our players give up and we showed true team spirit throughout the game to get straight back at the Ravens after each try.

When we passed the ball into wide channels we looked good with Mac, Scott, Piers and Oscar having some great runs into space but just getting tackled at the last moment. Too often we were isolated and the ball was turned over after the tackle as we were slow to support the runners.

Joel continued his good form with some great runs and was awarded top try scorer for his efforts in attack but he was run close by Oscar, Dewi, Joe and Samuel who had strong all-round games.

Joe, on his debut, showed up well in attack and also got eight tackles to round off a great first game.

Another who tackled well was Rueben who is getting up to speed with the game, made a number of try-saving tackles and was awarded top tackler for his efforts.

Charlie and Max are starting to get into the swing of things along with Ben after his injury. Another who was not taking a backward step was Jack who tackled his heart out all game – no matter who came down his channel no one was going to get pass him and he was awarded clubman best effort.

The clubman making a difference award was shared between Dylan and Lex who continued to charge forward in defence and ran the ball forward in attack even when we were on the back foot. Although this defeat was hard to take, we are a better side than this but we need to be more streetwise in the rucks and believe more in our ability to move the ball wide in attack and front up in defence.

ROB HOOPER

The under-11s defeated Aberavon Green Stars 55-40.

We started brightly with a couple of easy tries before Green Stars had worked out their positions.

The wizardry of Sam Taylor King and the aggressive running of Max Williams, scoring very impressive tries, were the major difference in the first half, and it was 30-20 at the break.

The second half saw Green Stars running in two tries.

However we were soon back in front.

If the first half belonged to Sam and Max, the second was owned by the mercurial running of Osian Perkins and Jac Bevan.

A really entertaining game that naturally ebbed and flowed and was very worthy of playing.

TW

ABOVE: Porthcawl RFC were just pipped by Cilfynydd, 25-19, in the WRU Bowl and TRACEY WILLIAMS was on hand to catch the action.

14-men Llantwit Major RFC beat Llangefni to progress in Bowl

LLANGEFNI RFC were visitors to the Recreation Ground on Saturday in the National Bowl cup competition, Llantwit progressing with an eventually well deserved 26-6 win to take them into the fourth round.

The away side were early risers as they made a very commendable tough six hour journey from Anglesea, north Wales. Although, as the game started, you would have thought that it was the home side that had made the journey as they were ponderous and distinctly lifeless in their first quarter.

The match was all about Llangefni as they threw everything they had at Llantwit, who struggled to get out of their own half.

As has been the norm for the home side this season they then picked up their first yellow card, with their tight head prop the culprit on this occasion. The resulting penalty kick put Llangefni first on the scoresheet.

Strangely, going down to 14 men seemed to spur the Llantwit team into action as they then had a solid quarter before the half-time break, the pack taking hold of the game and finally getting the team moving forward, with the strong centre partnership of Rhys Davies and Jack Austin making several good runs into the Llangefni territory.

The home side eventually got on the scoresheet with a try by wing Luke Dawes, set up after a lovely dummy pass and break from scrum half Ryan Evans put the back line into open space. The try was converted by Josh Austin as the first half ended at 7-3.

The second half started as the first ended as some marvellous individual running by Wise Vakacegu saw him go over for a converted try.

However, Llantwit decided just as they were seemingly in command of the game to implode, as within seconds of the restart they had their tight head prop sent off for a second yellow card offence.

Llangefni immediately clawed back three points with the subsequent penalty kick, and, not surprisingly, the visitors now saw a golden opportunity to win the game and repeatedly attacked the try line.

Llantwit, to their credit, defended well to keep them out, but then the horror show returned as they went down to 13 men with their hooker and captain Huw Williams receiving a yellow card for illegal play.

Llangefni though were not able to punish Llantwit further as the resulting penalty kick hit one of the uprights to deny them well-deserved points. Luckily for Llantwit they had a poor day with the boot as they were missing their first choice outside half and kicker through injury.

With a tense final period awaiting, to their credit the 13 Llantonians then put in a brilliant defensive performance and stubbornly refused to give Llangefni any opportunities to score, and even started to make some ground of their own, with man of the match Robert Carter causing havoc with some crushing runs.

Once they returned to 14 men they then took complete control of the game with some good lineout work by Tom Winter gaining some valuable ground, the forwards rucking and mauling their way to the line with flanker Gareth Watts storming over from close quarters.

The next, and last, try was the play of the game, starting from another long period of pressure deep inside their own half.

The Llantwit pack again took control as hooker and captain Williams made up in part for his earlier discretion by gaining his fourth strike of the game against the head in the scrum.

The back line were quick to respond from the turnover with strong runs into the Llangefni half. The forwards and backs then combined with some good passes and runs to again put over Dawes for a fine converted try, finally easing their supporters' nerves as this exciting game ended at 26-6.

A great rearguard performance from Llantwit Major, but it has to be said that, with the team soon to play two of the top teams in the league and another round of the cup, if these discipline problems are not put to bed then they will surely be punished by more accomplished sides and left ruing lost opportunities.

There is no fixture this Saturday as Wales play Australia in the first game of the autumn international series.

Members and non-members are invited to watch the game at the club with the game kick-off at 2:30pm. There are plenty of screens to watch the game and there is live music in the evening with local band Juice playing the function room.

Llantwit Major RFC youth team were not to be outdone by their senior side's win on Saturday as they had a comprehensive 29-0 home win of their own against their counterparts in Canton RFC.

The young Llantonians played great running rugby with two tries by Evan Holloway plus a try each from Charlie Neal and Iestyn Jones, with Jones also contributing a further nine points with a fine kicking performance, slotting over three conversions and a penalty.

AH

Come and join Pontyclun Flyers!

LOCAL cycling club Pontyclun Flyers is celebrating success as the runners-up in the club of the year category at the Welsh Cycling annual award presentation 2016 held in Cardiff, beating over 170 other registered clubs.

The Flyers started as a result of a group of Pontyclun cyclists supporting the local charity 2 Wish Upon A Star with a series of sponsored rides, and now has regular local rides through the week - usually involving a coffee stop - as well as weekends away, and this summer the completion of the John O'Groats to Lands End run.

A club spokesperson said: "The Flyers are really delighted with this award because we have only been in existence for 18 months. We have been growing rapidly as a club for all ages and abilities, with a strong emphasis on the social side, and we feel this recognises the efforts of all the members.

"I like to think that Pontyclun Flyers will carry on and grow and get people out and cycle and will continue with the Flyers ethos of having fun on two wheels."

Any local cyclists are welcome to join and there is more information on the club website and Facebook.

PG

Pencoed's empty Plate as they suffer Abercarn loss

ABOVE: Ex-British Lion Gareth Cooper turned out for Pencoed, while BELOW: Tom Cross scores. For more pictures from JULIE HANCOCK go to our website: glamorgangem.co.uk

ABERCARN moved through to the third round of the Swalec Plate with this victory at the Welfare Ground against Pencoed, defeating them 30-12.

The home eight laid the foundations with a strong opening 30 minutes against a somewhat depleted Pencoed pack.

It was Pencoed however who were first on the scoresheet, Rhys Thomas triggering off the backline and swift hands saw full back Tom Cross send right wing Ryan Russell racing away from 40 metres for a fine try.

The home side soon replied with a couple of penalty goals from centre Jamie Baker, and they further increased their lead, hooker Sean Kent sent scurrying over following a quick tap penalty, Baker adding the extras to lead 13-5.

A long diagonal kick from Cross relieved pressure and took play into the home half with young Pencoed wing Aaron Leyshon showing a glimpse of his running skills before meeting heavy traffic.

Pencoed were gradually coming to terms with the home side having had to take second best for most of the half, and only an adjudged forward pass prevented Leyshon from breaking clear, and the interval arrived at 13 points to five.

Pencoed started the second half well with young No8 Dan Watkins splitting the home defence with a 40 metre run - unfortunately the final pass knocked to ground, and Abercarn kicked clear from their own 22 and Baker increased their lead with a penalty goal against the run of play.

Pencoed pressure then got its reward, hooker Dai Pearson bursting into the home 22 and recycled possession saw Cross and Kyle Barrett handle before Cross again appeared to score halfway out, Adam Williams adding the extras.

At 16-12 the game was now evenly poised with the home pack visibly tiring. Good driving play from Tom Swansbury playing at second row kept momentum going for Pencoed and with the introduction of former Welsh international and British Lion scrum half Gareth Cooper to their ranks, history was created.

With Pencoed enjoying their best period of the match unfortunately they were to concede a vital score, failing to clear a speculative home kick into their 22 and wing Aled Brown profited with a try wide out.

Baker converted for a 23-12 lead and Pencoed were left no option other than to chase the game with 10 minutes of normal time remaining.

This they proceeded to do admirably, Cooper threatening with a short kick and chase, and a further raid down the left from Cross, Cooper, and Leyshon swept play into the home 22 and a deserved try looked likely, before cruel luck struck.

The desperate home defence went for the intercept and wing Andrew Fraser raced away the length of the field to score.

Baker converted and the 14 point turnaround with this final play saw the home side's 18 point margin of victory not reflective of the Pencoed effort.

TR

Sponsor Brian Lakin congratulating John Thomas, together with Bryan Owen and Geoff Moore on the right.

First-time win for John the accountant!

THE monthly meeting of the Glamorgan Farmers' Golf Society was held last Thursday on the old course at St Pierre Golf Club near Chepstow.

Renowned for hosting many major competitions quite a few of those participating could well recall seeing many famous golfers such as Seve Ballesteros, Nick Faldo and Ian Woosnam walking the same fairways as they were about to embark on.

Built around an 11-acre lake and studded with many ancient trees including a giant 400-year-old chestnut that dominates the second hole, 42 competitors set off in eager anticipation of winning one of the many quality prizes supplied by the day's generous sponsor, Sigma3 Kitchens and Bedrooms Ltd.

With weather conditions perfect for the time of the year it was not surprising that just one point separated the winner and runner-up with the final outcome decided on the 18th green.

John Thomas, with 34 stableford points, was delighted to win his first society competition just seeing off the challenge of Bryan Owen, who finished with 33 points.

This was quite a remarkable achievement for Bryan, playing in unfamiliar 'borrowed' shoes and who just a few weeks ago benefited from a hip replacement.

In third place with 30 points was David Williams, just ahead of Jim Hayes and Julian Kelly who scored 29 points.

In the visitors' section, sponsor's representative Geoff Moore took the honours with a very impressive 37 points, one more than runner-up Phil Mason who scored 36 points; Andrew Lamb finished third with 34.

Nearest the pin on the Watts & Morgan, Cowbridge sponsored par-3 holes were Brian Jones, John Thomas and Phil Mason (2), whose quite remarkable shot to the famous 235-yard 18th hole over water and to a well-protected elevated green came to rest just yards from the hole.

Andy Hilditch hit the longest drive down the 17th fairway to claim the Bear Hotel Cowbridge sponsored prize, and Robbie Llewellyn finally came good when correctly guessing 53 balls would remain out on this world-famous course to collect the Premier Turf Ltd sponsored bottle of whiskey.

This raised £100 for the Ty Hafan Charity that Sigma3 Kitchens & Bedrooms have adopted as their charity of the year.

The society's next meeting is scheduled for Thursday, November 24, at Radyr Golf Club with Herbert R Thomas & Co of Cowbridge being the generous sponsors.

T.McC

Impressive morning for the under-13s

LLANTWIT MAJOR RFC under-13s travelled down the road to Kenfig Hill last Sunday and had an impressive morning of rugby.

With the home side struggling to put out a full team, the Llantwit squad played some of the match 13-a-side and some 14-a-side.

Llantwit started well and immediately pressurised the Kenfig Hill team. Strong forward work secured the ball and the Llantwit team opened their scoring with just a few minutes on the clock.

For once the Llantwit team were the bigger of the two sides and this allowed the forwards to gain ground and turn ball over. The backs passed the ball well when opportunity arose and the team gelled together well.

This set the tone for the rest of the match where Llantwit were able to make the most of the strong forward pack and quick backs to score a number of tries throughout the game.

Tries were scored by Dan F, Josh, Tyler, Lewis I, Dylan, Will H, Louis, and Will F. Kyle and Dylan added more points through conversions and the final score read as an impressive 53-0 to the Llantwit team.

Squad: Ioan, Nathan, Kyle, Dylan, Danny, Dan F, Iestyn, Luke, Will H, Josh, Lewis I, Aaron, James, Sam, Will F, Jac, Lewis M, Louis, Dafydd, Jaydon, Tyler, Sean.

AI

Bridge results

RESULTS for the Vale of Glamorgan bridge club for October 31:

1st Alan & Elaine Robins 59.26%, 2nd John & Tiffany Beard 58.33%, 3rd Phil Felman & Tony Disley 56.71%.

LE

Barry sports centre 'legend' Lewis retires

A "LEGENDARY" Barry character has finally stepped down after 36 years at Colcot Sports Centre.

Lewis Coffey, who retired last week, on the day of his 65th birthday, as sports centre supervisor, has been a familiar face to people using the facility since May 1980, when he helped organise a mammoth five-a-side operation and also oversaw an award-winning bodybuilding department.

"We had the biggest five-a-side competition in Britain at one point. There were summer leagues on a Monday, Tuesday, Wednesday and Thursday night as well as at weekends," he said proudly.

"I got stuck into it, there was only me doing it, so I used to spend two or three hours a week sorting out all the admin."

Lewis has been celebrating his retirement with family and friends and is now preparing for a well-earned rest: "I've really enjoyed my job; the highlight was probably during the 1980s and 90s, but I'm looking forward to retirement," he added.

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ROAD SAFETY WALES WARNS OF THE DANGERS OF FATIGUE

A WELSH road safety body is urging drivers to be aware of the dangers associated with tiredness.

Fatigue is estimated to be a contributory factor in up to 20 per cent of road collisions. These types of crashes tend to be high speed impacts resulting in death or serious injury, because a driver who has fallen asleep cannot brake or swerve.

Sleepiness reduces reaction time, a critical element of safe driving, and also reduces alertness and concentration.

The ability to perform attention-based activities is impaired and decision making can be badly affected, as information cannot be quickly processed by a person who is tired.

The chair of Road Safety Wales, Susan Storch, said: "Drivers and riders will be aware that they are feeling sleepy, and must make a conscious decision to stop for a rest.

"Ignoring or underestimating the risks of continuing a journey when tired is naive and irresponsible"

Crashes caused by tired drivers are most likely to happen:

• On long journeys, on monotonous roads, such as motorways.

• Between 2am and 6am.

• Between 2pm and 4pm (especially after eating, or taking even one alcoholic drink).

• After having less sleep than normal.

• After drinking alcohol/taking drugs.

• If taking medicines that cause drowsiness.

• After long working hours or on journeys home after long shifts, especially night shifts.

Most methods drivers use to try to keep themselves awake and alert when driving are ineffective, and should only be regarded as emergency measures to allow the driver time to find somewhere safe to stop.

Drinking at least 150 mg of caffeine and taking a nap of around 15 minutes are the only measures that help to reduce sleepiness, for a temporary period.

Drivers who notice a pattern of feeling sleepy behind the wheel may have an undiagnosed sleep disorder, such as sleep apnoea.

Some drivers may be unwilling to seek help because they fear losing their driving licence. However, there are established treatments for sleep apnoea which allow drivers to retain their licence, and their livelihood.

Anyone suspecting that they have a sleep disorder is strongly advised to contact their GP.

Susan Storch added: "Plan your journey to include regular rest breaks (at least 15 minutes every two hours) and if necessary plan an overnight stop."

"Holiday makers, in particular, should follow our advice to never drive or ride when feeling sleepy, or if they have had little sleep in the previous 24 hours."

For further information on road safety initiatives throughout Wales, visit *www.roadsafetywales.org.uk*

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How new roads and new cars will change the face of motoring

by PRESS ASSOCIATION MOTORING CORRESPONDENTS

BRITISH roads should be modified to make them less dangerous for older drivers, a road safety organisation has suggested.

A Government-backed report by the Older Drivers Task Force, managed by the Road Safety Foundation, has highlighted that the UK does not take the needs of older drivers into account when developing its road design standards.

It argues that by taking these considerations into account, all road users will benefit.

John Plowman, chairman of the Older Drivers Task Force, said: "Our road transport system, our roads and vehicles, have been designed for use by fit, middle-aged motorists in the middle of the spectrum of road users.

"Looked at through an older driver's prism, the current road system doesn't do them many favours."

One aspect of British roadways that drew particular attention were T-junctions and intersections.

According to the report, of all car crashes that occurred in the UK between 2012-14, 55-65 per cent took place at or within 20 metres of the junction, a figure that didn't change much with driver age.

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Technology marks sea change

CONTINUED FROM PAGE 35

However, for fatal crashes in the same scenario, the figure was 30 per cent for all ages up to 65, increasing to 50 per cent for those aged over 75; a significant problem for elderly drivers.

The report points out that the majority of crashes that occur at intersections take place at T-junctions where no traffic control devices are present, or where there is only a give way sign.

To solve this problem, the report suggests studying the effectiveness of having mini-roundabouts installed at busy T-junctions with little or no change to the kerb lines.

Other suggestions to make UK roads more accommodating for elderly drivers include installing reflective backplates on road signs and traffic signals, larger lettering on direction signs, and regular cleaning of road signs.

'EV' revolution

Sales of electric and plug-in hybrid vehicles are about to take off, and the AA predicts that more than 500,000 of these alternatively-powered cars will be on UK roads by 2020.

The AA believes that dispelling the myths surrounding the costs associated with running these sorts of vehicles could help increase these estimates significantly.

To aid this process, the AA has partnered with Chargemaster, the UK's leading electric vehicle (EV) charging infrastructure provider, to provide support and access to a growing network of UK charge points.

AA president, Edmund King, said: "We think that the EV revolution is about to take off and we want to help consumers understand the benefits of low-cost, low-emission driving and to show them it is accessible and affordable.

"Per mile driven, an EV is five times cheaper than the average petrol car and carries no vehicle excise duty."

The partnership will provide EV owners with a range of benefits including home charging units, and access to thousands of charging points at preferential rates.

The organisations will also begin expanding the number of domestic and public charging points around the country.

CONTINUED ON PAGE 37

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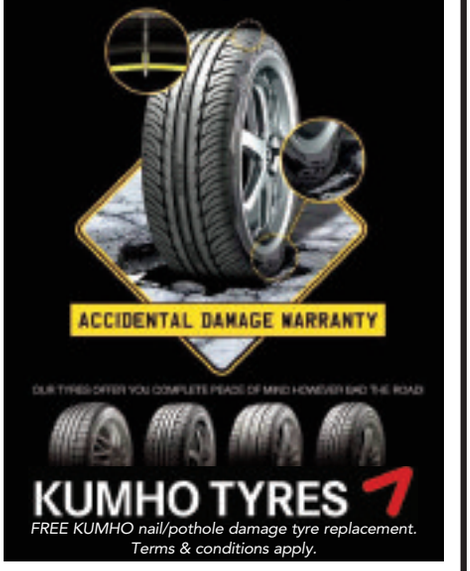

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GEARING UP FOR WINTER

Motoring by ultracharger

CONTINUED FROM PAGE 36

Chargemaster is currently installing 40 of its latest 50KW ultrachargers in London - which are capable of charging an EV in less than 30 minutes - quadrupling the number of charge points within the M25 in the process.

AA research reveals there are a number of barriers and misconceptions surrounding EV ownership, such as their high purchase price, durability of battery and the availability of public charge points.

David Martell, Chargemaster CEO, points out that availability of charging points at a destination is a significant barrier to EV ownership, a concern that worried 81 per cent of AA respondents.

"We want to change that perception. This new relationship with the AA will see hundreds more AA branded charging points installed," he said.

"They'll go in at AA-rated hotels and other accessible public places such as supermarkets, public car parks and town centres, while we will be embarking on a public awareness campaign to show that charging a vehicle at home is neither difficult or costly."

Deaths resulting from road accidents in the UK fell by 2 per cent in 2015, compared to figures from the previous year.

According to statistics released by the Department for Transport, 1,732 people were killed on UK roads last year, the second lowest figure on record.

Despite this drop, road safety charities are calling for more to be done amid fears of stagnation.

Kevin Clinton, head of road safety at RoSPA, said: "We are pleased to see that fatalities and injuries have dropped since 2014, but the longer-term trend seems to be showing stagnation, so they are not falling as steadily as they were before 2011.

"This means that we need to do more to get back on a long-term downward trend - these accidents don't have to happen."

Lucy Amos, research advisor for Brake, said: "Although slight reductions have been achieved, we must remember that no road death is acceptable and we should not compromise when it comes to people's lives and the safety of our roads."

While the total number of road fatalities has dropped, there has been an 8 per cent rise in the number of motorcyclists killed, and a 2 per cent increase in the number of child deaths.

To ensure that road deaths continue to drop, RoSPA has put forward a road safety strategy with a number of suggestions.

These include measures such as reducing the drink-drive limit in England and Wales to 50 milligrams of alcohol per 100 millilitres of blood, and ensuring there are enough road police officers to enforce road safety laws.

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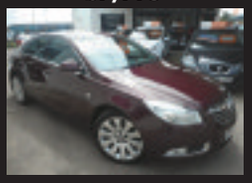

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11 **SUZUKI Alto SZ3 1.0 5-Dr** In red, 47,000 miles, plus £20 road tax .....**REDUCED TO £2,995**

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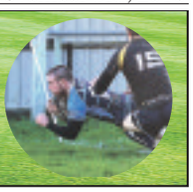

Wales out to break the bleak cycle of so near and yet so far against wounded Wallabies...

BACK PAGE COMMENT by Don John

WHEN Wales line up against Australia in Cardiff at 2.30pm on Saturday, for the 40th time since their opening clash in 1908, no-one, least of all acting head coach Robert Howley, can be under any illusions about its extra significance – or the scale of the challenge that lies ahead in the first of four autumn tests against the southern hemisphere at an expectant Principality Stadium.

After all, the sobering record speaks for itself: of the 39 matches played so far, the men from Oz have won 28, Wales 10, with one game drawn – 29-29 in Cardiff 2006 (the second highest drawn score in rugby history we are told).

Over the 108 years, the Australians have amassed a total of 912 points to Wales' 596 (at an average of around 23.8 points per match), and will no doubt be confident of reasserting their well-established dominance over the men in red with a 12th consecutive win this weekend.

However, bare statistics can also be misleading and it is far from doom and gloom. The gap between the two nations has been steadily narrowing – with many of the more recent, tightly-contested encounters going right down to the wire, a thimbleful of points separating the teams near the end – but then Welsh victory whisked away in an instant by a quick-fire Aussie riposte, literally in the dying seconds of the match.

It is an all too familiar, deeply frustrating pattern that has cruelly denied Wales victory at the death on numerous notable occasions against southern hemisphere sides – and one which their baffled head coach, Kiwi Warren Gatland, now on secondment to the British and Irish Lions, has attempted to address, so far with little success, since taking over in 2008. A calculated policy of arduous summer tours and tough autumn tests, has regularly exposed his young charges to the challenge posed by southern hemisphere giants, in the hope that something of the latter's clinical ruthlessness and iron will to win will ultimately rub off – and secure prized scalps that could resolve notorious inconsistency, turbo-charge team morale, and finally propel Wales out of mid table into the higher echelons of world rugby.

It is, of course, a high-risk, learning-curve strategy, for while regular exposure to international rugby's 'big guns' may ultimately achieve the desired winning mentality to compete at a higher level for the whole of 80 minutes, it risks exacerbating the demoralising effect on young players of repeated, morale-sapping failure.

It also makes for grim reading in the record books that would not be tolerated in the pitiless, results-driven world of the round ball, where coaches form a constant procession through the revolving door marked exit, P45s in hand.

It now falls to the former All Black's longstanding assistant coach, Howley, to attempt to find a solution to the team's apparent inability to close out games that are balanced on a knife edge and victory almost within their grasp – none more so than against Australia (a team he is well aware has suffered a three-test whitewash by arch rivals England and recent humiliation at the hands of the All Blacks!)

With Gatland temporarily out of the picture, he now has an opportunity to put this right – set his own stamp on a talented Wales squad, silence his critics, and prove his legitimate claim to the succession when Gatland departs these shores after the next Rugby World Cup.

Robert Howley: He now has a golden chance to make his mark.

Thus there can be little doubt that Howley, perhaps more than anyone else in the Welsh camp, will come under particular pressure in the coming weeks and months: how the team perform – mentally as much as physically under his charge – could hold the key to his ambitions.

Results against Australia, then Argentina, Japan and South Africa (not forgetting the Six Nations, of course) could decide if he has been passed the cup that cheers or a poisoned chalice.

Hence he (and his fellow coaches) will be counting on Saturday's line-up to begin to ensure that it is the former, rather than the latter, by finally laying that Wallaby jinx to rest! The talent is there. It can be done.

Threadbare under-13s squad reaches Plate quarter-finals

HAVING suffered some recent withdrawals and a spate of long term injuries, a threadbare Cowbridge under-13s squad advanced to the Blues Plate quarter-finals with a terrific team performance at home.

The side racked up seven thrilling team tries against a plucky Abercwmboi outfit and fully deserved their win.

The home side began on the front foot with good carrying by centre pairing Paddy Kennedy and James Jones. Despite a long period of pressure, the excellent opposition 13 pounced on a handling error to race in from fully 60 yards to open the scoring.

Cowbridge responded soon after with superb defensive work from Akka Guwy allowing him to hack the ball through for a clever individual score, Will Harris adding the extras. Confidence seemed to flow and fine link work from the tireless Robbie Brown released Fin Brace, who barrelled through two defenders to finish well for an unconverted try. Despite continuing to apply pressure, lapses at the breakdown continued to dog the home side and no further scores were possible, leaving the half-time score Cowbridge 12, Abercwmboi 5.

The second half began with Cowbridge undergoing their now traditional in-game concentration lapse period!

Abercwmboi piled on the pressure and crossed in the corner to bring it within one score. This seemed to remind the boys there was a match to be played and the response was swift. Excellent defensive work from man of the match Will Ryan created space for the back division to release speedster Fin Sullivan, who raced in for a fine finish.

Shortly after this, Cowbridge found their range with first Paddy Kennedy and then Sullivan adding two further scores in short order after some superb handling by both backs and forwards.

With the away side starting to show signs of tiredness, Cowbridge continued to play with intensity and their sometimes lazy ball retention finally improved to complement their handling game.

A fine team try resulted, with Tom Brennan and Sullivan making the initial thrusts and good running angles from the backs releasing Paddy for a deserved second score.

The coup de grace was provided by Sullivan who outpaced the defence to complete his hat-trick after yet more fine link play from Robbie Brown.

Harris added two further conversions to make the full-time score Cowbridge 41, Abercwmboi 10.

This was a fine display played in excellent spirit, against game opposition with real grunt up front and some dangerous runners.

The entire squad deserve real praise for their commitment and execution and should look forward with no fear to the Blues Plate quarter-finals in the new year.

The coaches were left truly proud of their charges and are delighted with the application and development of all 18 in the matchday squad.

Squad: Lewys Robins, Luke Treadwell, Sebastian Johns-Powell , Alfie Rees, Rhys Ford, Tom Brennan, Will Ryan, Oliver Jones, Robbie Brown, Akka Guwy, Archie Lloyd, Rhys Pritchard, Paddy Kennedy, Rhys Hardman, Finlay Brace, James Jones, Will Harris, Finlay Sullivan. ***IH***

Cowbridge Darts League round-up

ON Tuesday, October 25, a full programme of league matches in the Cowbridge Darts League was scheduled.

Simon Reader (Hairy Farmers) became the ninth player this season to hit a 180; however it was not enough to stop the league leaders Edmondes B beating the Hairy Farmers 7-2.

However, both the Six Bells Inn by winning 6-3 against the Edmondes C 6-3, and the Highwayman Inn winning 7-2 against the Edmondes A are still chasing that top spot.

It was the first away win for this season's newcomers the Victoria Inn, who beat the Farmers Arms 5-4.

In that match Owen Carter (Farmers Arms) demonstrated a new trick shot: while throwing his darts, he got one of the flights to end up in his pint of beer.

Unfortunately the Red Lion was not able to raise a team, and so Llanharry were awarded the nine points.

High outs of the evening were achieved by John Burrows (Hairy Farmers) with 72 and Luke Woolf (Highwayman Inn) with 86.

Present league standings, after six weeks, are: Edmondes B (39 points), Six Bells Inn (36), Highwayman Inn (33), Llanharry (30), Edmondes A (29), Farmers Arms (27), Edmondes C (26), Hairy Farmers (24), Victoria Inn (22) and Red Lion (4).

Next week (Tuesday, November 8), the first rounds of the Clive Blick Trophy knockout competition will be held. The host pubs will be the Farmers Arms and the Victoria Inn.

All matches start at 8.15pm and spectators are always welcome. For further information e-mail Paul at cowbridgedarts@gmail.com, up-to-date information can be found on the website: www.darts.apsn.co.uk.

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